MINUTES

REGULAR MEETING
OF THE
COMMITTEE ON AGING

Recreation Department Senior Services Division

Wednesday, February 19, 2014, 3:00 P.M.
Council Chambers, City Hall
10890 San Pablo Avenue
El Cerrito, CA 94530
This Meeting Place Is Wheelchair Accessible

ROLL CALL

Present: Karen Christian, Shirley Cressey, Mark Guthrie, Kimi Honda, Dr. Pansy Kwong, Callie Major, Kim Marlia, Gabriel Quinto, Willa Sudduth, Vera Gibbs Winston, and Nola Veganes Chavez
Excused: Lillian Daniels, Janet James, and Joanna Kim Selby
Council Liaison: Janet Abelson
Staff Liaisons: Janet Bilbas and Liza Espadilla
Guest: Estela Manila

Meeting called to order at 3:00 P.M.

1. **APPROVAL OF MINUTES**
   (Cressey/Dr. Kwong) moved and seconded to approve the Minutes of January 15, 2014.
   Action: Approved unanimously.

2. **ORAL COMMUNICATION FROM THE PUBLIC -** No comment from the public.

3. **REPORTS**
   A. **Council Liaison Report**
   Councilwoman Abelson reported city staff provided a presentation on "Good to Great" how to take an organization like the City of El Cerrito from good to great standing. She added that staff met once a month for a year to discuss task, strategy, staff placement and city's vision or goals.

   A discussion followed on new stop sign at Stockton and Ashbury Avenue intersection, construction plans for Portola and Fairmont Elementary sites, new senior center, and former Redevelopment Agency.

   Councilwoman Abelson asked Ms. Bilbas to notify Public Works Division about the new stop sign at the intersection of Stockton and Ashbury Avenue to address pedestrian crosswalk visibility and vehicular speeding issues.

   B. **Affordable Housing Project Update**
   Councilwoman Abelson reported that Eden Housing is currently at the stage of soliciting funding for the construction of the mix-use building at the old Tradeway site.

   C. **Housing Subcommittee – No report.**

D. Transportation Subcommittee – No report.

E. Legislative (State & Federal) – No report.

F. Area Agency on Aging Advisory – No report.

G. West County Senior Coalition (WCSC) – No report.

H. Health Care Subcommittee
Dr. Kwong discussed and distributed information on *Common Drugs That May Affect Memory* and *Drugs That May Cause Memory Loss*. She read the list of antianxiety drugs, statins, antiseizure drugs, antidepressant drugs, narcotic painkillers, Parkinson's drugs, hypertension drugs (beta-blockers), sleeping aids, incontinence drugs, and antihistamines drugs that may cause memory loss.

I. Membership – No report.

J. Guest Speaker Subcommittee
Ms. Chavez announced the next scheduled public presentations:
Public Safety (Richard Strang) on Wed., March 19, 2PM
Protect Yourself from Scams Targeting Seniors (Kristen Southworth) on Wed., April 16, 2PM

4. STAFF LIAISON REPORT
Ms. Bilbas reported updates on the following:

- Annual Golf Tournament
- Hole Sponsorship & Donations
- Southern California Park & Recreation conference 1st Week of March

5. ITEMS FOR NEXT AGENDA

- **ELECTION OF OFFICERS**
- **COMMITTEE GOALS & OBJECTIVES**

6. ADJOURNED REGULAR COMMITTEE MEETING at 4:00PM to the next scheduled regular meeting on Wednesday, March 19, 2014, 3:00 P.M. at the El Cerrito City Hall, Council Chambers, 10890 San Pablo Avenue.

Submitted by:
Liza Espadilla
Administrative Clerk Specialist
City of El Cerrito Senior Services Division

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COMMUNICATION ACCESS INFORMATION
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