



Recreation Department

Staff Liaison

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**MINUTES
REGULAR MEETING OF THE
COMMITTEE ON AGING**

Wednesday, November 18, 2020 at 3 p.m.

VIA TELECONFERENCE

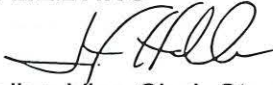
<https://elcerrito.webex.com/elcerrito/onstage/g.php?MTID=e3788165fda22f8b77684a45895ad6fd9>

Event Number: 146 809 6100
Event Password: COA111820

Join by Phone: 1-408-418-9388
Access code: 146 809 6100

3:02 p.m. CONVENE REGULAR MEETING

1. ROLL CALL


Present: Chair Jennifer Haller, Vice-Chair Steve Lipson, Members Buddy Akacic, Katherine Cesa, Kenneth Epley, Janet James, Carol Kehoe, Dr. Pansy Kwong, Kim Marlia, David Van Etten, Pamela Wagner, Bruce Yow
Absent: Shirley Cressey, Joanna Kim Selby, Nola Veganes Chavez
Also Present: **Bridget Cooney, Staff Liaison**

2. COMMITTEE/STAFF ANNOUNCEMENTS

No announcements.

3. ORAL COMMUNICATIONS FROM THE PUBLIC

No comment.

4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Staff Liaison Cooney reported that the City Council received a budget update on November 17, 2020 at the Council meeting and due to the pandemic, the Recreation Department is projected to end the year \$600,000 short of budgeted revenues. The Council has asked the City Manager to come back in December with data on Recreation programs that either are not paying for themselves or are being subsidized more now than in normal years.

Staff Liaison Cooney also reported that the Midtown Activity Center has hosted two Zoom 101 classes and three Practice Using Zoom sessions. Over 20 seniors have received training using Zoom.

5. APPROVAL OF THE MINUTES

Moved/Second: Member Epley/Member Kehoe

Action: Adopted the minutes from the Committee meeting on **October 21, 2020.**

Ayes: 12 **Nos:** None **Abstention:** None

6. BROWN ACT TRAINING

City Clerk, Holly Charley, presented refresher training on the Brown Act including types of meetings, agendas and materials, meeting discussions, teleconference, and remote meeting rules as well as enforcement and penalties.

7. COMMITTEE ON AGING STANDING-COMMITTEE REPORTS

Sub-Committee Reports are limited to three minutes per sub-committee.

- a. Area Agency on Aging Advisory Council (Lipson & Selby): Vice Chair Lipson reported that there was no meeting held in November. Lipson also reported that the ACOA is compiling a list of agencies and their online services provided to seniors in the county.
- b. Communication subcommittee (Haller & Veganes Chavez): No Report.
- c. Disabilities subcommittee (Cressey & Kehoe): Kimmie Honda reported that her friend fell while exiting Cerrito Vista Park at the corner of Moeser Lane and Pomona Ave. Kimmie Honda requested a railing be installed at the park entrance. Member Kehoe will reach out to Public Works regarding the request.
- d. Health Care subcommittee (Kwong): Member Dr. Kwong reported on the U.S. Preventative Task Force's recommendations for colon cancer screening. Member Dr. Kwong reported on the results published November 10, 2020 in the Journal of American Medicine from a study of vitamin supplementation in seniors over the age of 70. Dr. Kwong reported on the benefits of taking anti-viral medication as soon as possible after exhibiting flu symptoms and then for 5-7 days afterwards.
- e. Housing subcommittee (Akacic & James): Member Akacic reported that the Tenant Protection Task Force is wrapping up. Akacic reported that new Council member Lisa Motoyama has a strong background in affordable housing. Member James reported that the housing project across from the Fire Department is nearing completion and cannot get PG&E to turn on power until December. Virtual tours of the property are now available. Member James also reported that Eskaton belongs to an association called Living Age that advocates senior housing and senior issues for non-profits. Living Age representatives met with the Biden-Harris team to get them up to speed on senior issues including affordable housing, COVID-19 relief, and funding for wireless internet in housing projects.
- f. Legislation subcommittee (Kwong): Member Dr. Kwong reported that the results of the November 3, 2020 election can be found on the City of El Cerrito Website.
- g. Membership subcommittee (Cressey & Marlia): Vice Chair Lipson reported that Member Selby is having difficulty connecting to WebEx. Vice Chair Lipson will reach out to Member Selby regarding additional training on WebEx.
- h. Technology subcommittee (Lipson): Vice Chair Lipson reported on an article in the Washington Post regarding an App developed by Apple and Google including which states have adopted the use of the app (county has not adopted it). Lipson reported that MIT announced another new App that can identify a COVID related cough with what they claim to be a 98.5% accuracy rate even in people who are asymptomatic. The App can be used in any operating system.
- i. Transportation subcommittee (Cressey & Epley): Member Epley reported that capacity is limited on AC Transit and that bus ridership is still down. COVID

protocols are in place and masks are required to ride the bus. Masks are available on the bus if you do not have one. Member Epley reported that he continues working on getting a covered structure at the AC Transit Rapid stop north bound by Moeser.

- j. West County Senior Coalition (Cesa, Kehoe, Lipson): Member Kehoe reported the Richmond Committee on Aging is considering doing a Zoom workshop on caregiving and wants to know if the COA would like to partner with them on this and future topics. Member Kehoe also reported that Senior Peer Counselors presented at the meeting and stated that they are taking more appointments and have found more people keeping their appointments since they began offering their services via Zoom and over the phone. Member Kehoe also reported Life-Long Medical has expanded into West Contra Costa County. They are the only organization who will see both undocumented and people without medical insurance.

8. ADOPTION OF THE 2021 ANNUAL COMMITTEE ON AGING MEETING CALENDAR

Moved/Second: Member Epley/Vice Chair Lipson

Action: Adopted the 2021 Annual Committee on Aging meeting calendar.

Ayes: 12 **Nos:** None **Abstention:** None


9. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, December 16, 2020 at 3pm
- Coping with COVID Stress presentation by Tom Tamura with the Contra Costa Crisis Center – December 16, 2020
- Standing Committee re-organization– December 16, 2020

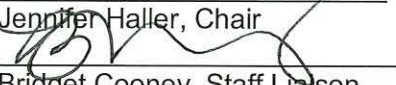
10. ADJOURNMENT

Chair Jennifer Haller adjourned the meeting at 4:20 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of November 18, 2020 as approved by the Committee on Aging.



Jennifer Haller, Chair



Bridget Cooney, Staff Liaison