# Teeter Tots

## Program Curriculum & Schedule

7007 Moeser Lane, El Cerrito, CA 94530

**Teeter Tots Contact Information**

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## City of El Cerrito
## Teeter Tots Curriculum

**AM Program: 9:00am-12:00pm**

| | |
|---|---|
| **9:00-9:30am** | Greeting & Choice of Play and Art Fun |
| **9:30-10:00am** | Clean-Up Time and Art Completion |
| **10:00-10:30am** | Outside Play |
| **10:30-10:50am** | Circle Time - learning time, songs, sharing, calendar, counting, colors, shapes and other group learning games and activities |
| **10:50-11:05am** | Small Group Learning Arts & Crafts, Potty Time and Outside Play |
| **11:50-12:00noon** | Story Time, Clean-up and Dismissal Time |

## City of El Cerrito
## Teeter Tots Curriculum
## Lunch Time Hour – Mondays & Fridays

**Program: 12-1:00pm**

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|---|---|
| **12noon-12:20pm** | Hand Washing and Lunch Time |
| **12:20-12:50pm** | Music & Dance, Stories and Fun Time |
| **12:50-1:00pm** | Clean-up Time |

## Have a Wonderful Day!

# Teeter Tot Curriculum through Key Experiences

**Sense of Self**
- Expressing initiative
- Distinguishing self from others
- Solving problems encountered in exploration and play
- Doing things for one's self (Self-Help Skills highlighted below)

**Self Help Skills**
- Eating Skills
- Dressing Skills
- Grooming Skills
- Classroom Clean-Up
- Potty Training

**Social Relations**
- Forming an attachment to a primary caregiver
- Building relationships with other adults
- Building relationships with peers
- Expressing emotions
- Showing empathy toward the feelings and needs of others
- Playing with others

**Creative Representation**
- Imitating and pretending
- Exploring building and art materials
- Responding to and identifying pictures and photographs

**Movement**
- Moving parts of the body (turning head, grasping, kicking)
- Moving the whole body (rolling, cruising, walking, running, balancing)
- Moving with objects
- Feeling and experiencing steady beat

**Music**
- Listening to music
- Responding to music
- Exploring and imitating sound s
- Exploring vocal pitch sounds

**Communication and Language**
• Listening and responding
• Communicating nonverbally
• Participating in two-way communication
• Speaking
• Exploring picture books and magazines
• Enjoying stories, rhymes, and songs

**Exploring Objects**
• Exploring objects with one's hands, feet, mouth, eyes, ears, and nose
• Discovering object permanence
• Exploring and noticing how things are the same or different

**Early Quantity and Number**
• Experiencing "more"
• Experiencing one-to-one correspondence
• Experiencing the number of things

**Space**
• Exploring and noticing the location of objects
• Observing people and things from various perspectives
• Filling and emptying, putting in and taking out
• Taking things apart and fitting them together

**Time**
• Anticipating familiar events
• Noticing the beginning and ending of time intervals
• Experiencing "fast" and "slow"
• Repeating an action to make something happen again: experiencing cause and effect

# *Early Childhood Math: Mathematic Curriculum Emphasized at Teeter Tots*

**Number and Numeration**

- Counting orally forward and backward up to 10 using songs, movement activities, and games; using one-to-one correspondence to count objects in the context of everyday experiences and games; exploring concepts of quantity, more and less using concrete materials; beginning to recognize numerals and understanding the many uses of numbers.

**Operations and Computation**

- Exploring addition and subtraction concepts through one more/one less songs and number stories based in children's experiences; using fingers, manipulatives, and other strategies to solve number stories.

**Measurement and Reference Frames**

- Using language to describe the sizes of objects and size comparisons; beginning to explore and measurement using nonstandard units.

**Geometry**

- Exploring 2- and 3-dimensional shapes using body movements, tactile and sensory experiences, and manipulatives such as building blocks and pattern blocks; developing an understanding of position and spatial concepts and vocabulary through puzzles, games, gross motor experiences and art activities.

**Patterns, Functions, and Algebra**

- Indentifying, describing and extending sound, movement, and visual patterns; identifying comparing and describing attributes of objects; sorting objects by attributes.

# Teeter Tot Preschool Monthly Areas of Focus

***September***

Theme: Welcome to School & Friendship
Science: Discovering & Learning about Self
Social Studies: School Adjustment & Self-Awareness
Pre-Math: Numbers 1-3 and Rectangles
Color: Red
Language: Letters A – D

***October***

Theme: Fall and Halloween
Science: My Body & The Skeletal System
Social Studies: Halloween & Safety
Pre-Math: Numbers 3-5 and Circles
Colors: Orange & Black
Language: Letters E - H

***November***

Theme: Thankfulness & Harvest
Science: Birds & Weather Changes
Social Studies: Manners & Thanksgiving
Pre-Math: Numbers 5-7 and Squares
Colors: Brown & Yellow
Language: Letters I - L

***December***

Theme: Winter Season & Sharing
Science: The Five Senses
Social Studies: Giving and Holiday Celebrations
Pre-Math: Numbers 7-10 and Stars
Colors: Green & Red
Language: Letters M - O

***January***

| | |
|---|---|
| Theme: | New Year, New Beginnings |
| Science: | Winter, Water, Ice |
| Social Studies: | Martin Luther King, Jr., Using our Words, Respect, & Equality |
| Pre-Math: | Numbers 1 – 10 Review and Diamonds |
| Colors: | Blue & Black |
| Language: | Letters P- R & Opposites |

***February***

| | |
|---|---|
| Theme: | Caring & Loving |
| Science: | Dental health & Shadow |
| Social Studies: | Valentine's Day & Groundhog Day |
| Pre-Math: | Numbers 10 – 12 and Hearts |
| Colors: | Pink & Purple |
| Language: | Letters S-V & Name Recognition |

***March***

| | |
|---|---|
| Theme: | Spring Season |
| Science: | Farm Animals and Spring Planting |
| Social Studies: | Transportation & St. Patrick's Day |
| Pre-Math: | Numbers 12 – 15 and Triangles |
| Colors: | Primary Colors |
| Language: | Letters W – Z, Letter of First Name |

***April***

| | |
|---|---|
| Theme: | Love our Earth |
| Science: | Reuse, Reduce, Recycle and Endangered Species |
| Social Studies: | Earth Day |
| Pre-Math: | Sequencing and Ovals |
| Colors: | Secondary Colors |
| Language: | ABC's (Review), Name Writing (Focus on First Name) |

***May***

| | |
|---|---|
| Theme: | Once Upon a Time |
| Science: | Dinosaurs |
| Social Studies: | Mother's Day |
| Pre-Math: | Sorting |
| Colors: | The Rainbow |
| Language: | ABC's (Review), Name Writing (Focus on Letter of Last Name) |

***June***

| | |
|---|---|
| Theme: | Summer Season |
| Science: | Reptiles & Amphibians |
| Social Studies: | Father's Day, School Changes |
| Pre-Math: | Measurement |
| Colors: | Pastels |
| Language: | Rhyming Words |

**July**

| | |
|---|---|
| Theme: | Independence Day |
| Science: | Ocean Life |
| Social Studies: | Healthy Habits |
| Pre-Math: | Matching & Pairs |
| Colors: | Red, White & Blue |
| Language: | Story Telling, Alphabet Puzzles |

***August***

| | |
|---|---|
| Theme: | Community Helpers |
| Science: | Outer Space |
| Social Studies: | Safety |
| Pre-Math: | Classification, Patterns |
| Colors: | Orange, Green, Yellow |
| Language: | Alphabet Stencils |