

EXTRA WATER AEROBICS CLASSES



We will be offering fall **Sunday Deep Water Aerobics** from **10:30-11:30am** taught by Susanne Lally and **Wednesday Deep Water Aerobics** from **12-1pm** taught by Lisa Hawley. Please note that all classes will take place on the **select dates only**. See dates below:

Sunday, Sep 2
Sunday, Sep 9
Sunday, Sep 16

Wednesday, Sep 12
Wednesday, Sep 19
Wednesday, Sep 26
Wednesday, Oct 3
Wednesday, Oct 10
Wednesday, Oct 17
Wednesday, Oct 24
Wednesday, Nov 7
Wednesday, Nov 14
Wednesday, Nov 28
Wednesday, Dec 5
Wednesday, Dec 12

NO CLASS:
Wednesday, Oct 31
Wednesday, Nov 21

El Cerrito Swim Center
7007 Moeser Lane
El Cerrito, CA 94530
(510)559-7011
www.el-cerrito.org/swimcenter