



# El Cerrito Police Department Handgun Transition Course



**Purpose:** The purpose of this course is to train, qualify, and transition officers to a new handgun to be carried in the performance of their duties as a Police Officer. The course will demonstrate the Officer's proficiency with the firearm and the ability to manipulate it safely. Training will focus on the shooting position, drawing the handgun, sight picture, sight alignment, trigger press, re-holstering, and weapon maintenance.

**Classroom:** This 2-hour block of instruction will give the Officer an overview of the training course, course objectives and expectations. It will also provide an opportunity to discuss relevant Department Firearms Policies both on and off-duty use. The classroom portion will initially be combined and then be divided into two groups to discuss firearm specific (1911 or Glock) topic.

**Safety:** A safety briefing will be held prior to the range portion of the course to inform the shooter of the range safety rules and locations of first aid equipment. The shooter's personal safety equipment (hearing and eye protection) will be checked prior to the beginning of the course.

**Day 1:** Day 1 will focus on firearm manipulation and fundamentals with an emphasis on drawing the handgun, sight picture, sight alignment, trigger press, and re-holstering. Officers transitioning to a 1911 will need to work on disengaging and engaging the manual thumb safety. Magazine changes and immediate actions / malfunction drills will also be covered.

## Day 1 Schedule:

0800-1000	Classroom
1000-1200	Dry fire
1200-1300	Lunch
1300-1330	Dry fire
1330-1430	Magazine Changes (dry)
1430-1530	Shooting Drills*
1530-1630	Immediate Action / Malfunction Drills (dry / live)
1630-1700	Clean up

**Day 2:** Day 2 will begin with a refresher of the previous day. Training will then incorporate movement, multiple targets, tactical shooting / stress, and qualification.

Day 2 Schedule:

0800-0845	Dry fire
0845-0930	Shooting Drills (Dummy rounds incorporated)*
0930-1000	Support Hand Shooting
1000-1130	Movement Drills (dry / live) - Forward / Backward, Left / Right, Serpentine, box drill
1130-1200	Target ID / Transition
1200-1300	Lunch
1300-1330	Dry fire
1330-1430	Qualification
1430-1500	Shooting from retention
1500-1630	Tactical Shooting / Stress Fire**
1630-1700	Clean up

\*Shooting Drills including the following:

Point Shooting Drills – The officer will draw their weapon utilizing the 5 step draw, punch out onto the target, and fire one round into a 3"x3" square, focusing on the shooting fundamentals. Officers will scan, assess, and re-holster.

Sight, sear, reset drills

Double Tap and failure drills

\*\*Tactical Shooting / Stress Fire – Tactical shooting drills will incorporate movement, magazine changes, multiple targets, various shooting positions, and barricades. They are designed to elevate the officers heart rate, induce stress, and expose them to situations they may encounter on duty.