ESSENTIAL SENIOR SERVICES

CC Café To-Go Lunch Program (ages 60+)

Weekly meals consisting of 7 frozen or emergency meals, will be available to seniors ages 60+ years old by request and as available.

- Orders must be placed no later than 10am on the Monday prior to delivery (Mon, 3/23 & Mon, 3/30).
- Meals will be delivered to the homes of senior participants living in El Cerrito on Tuesdays, 3/24/20 & 3/31/20 between 11am 1pm.
- Non-El Cerrito resident senior participants must pick up their meals at the Midtown Activity Center, 10940 San Pablo Ave in El Cerrito between 11-11:30am on Tuesdays, 3/24/20 & 3/31/20.
- To place an order for the weekly meals, call (510)559-7677 or email midtown@ci.el-cerrito.ca.us.
- To ensure your safety and the drivers' meals will not be handed to you directly, they will be dropped on your doorstep with a knock or doorbell ring to let you know they have arrived.
- NOTE: Seniors new to the CC Café Lunch program will need to complete registration paperwork to receive meals. Call (510) 559-7677 or email midtown@ci.el-cerrito.ca.us for more information.

Easy Ride Paratransit Service (Essential Transportation ONLY) El Cerrito Residents ages 65+ & disabled residents 18+

Easy Ride Paratransit Service is available to El Cerrito Residents ages 65+ and residents with disabilities ages 18+ for essential transportation to <u>medical appointments and grocery store</u> <u>trips within El Cerrito boundaries</u>. Rides are limited to Monday, Wednesday, Friday between the hours of 12:30-2:30pm. Registration in the Easy Ride Paratransit program is required. To schedule an Easy Ride Paratransit Essential Transportation trip, call (510)559-7677 or email <u>midtown@ci.el-cerrito.ca.us</u>. Voicemail messages will be returned M-F between the hours of 10am-12pm. Leave a detailed message your name, phone number and requested trip date and location.

Meals on Wheels (ages 60+)

Home delivered meals for Seniors 60+ may be available through the Meals on Wheels home delivered meals program (subject to availability). Call (510) 412-0166 for more information.