



**Parks
Make
Life
Better!**SM



Teeter Tots

Program Curriculum & Schedule

7007 Moeser Lane, El Cerrito, CA 94530

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City of El Cerrito Teeter Tots Curriculum

Program: 9:00am-12:00pm

9:00-9:30am	Greeting & Supervised Free Play
9:30-10:00am	Art & Potty Time
10:00-10:30am	Clean Up Time, Outside Play, & Snack Prep
10:30-10:50am	Circle Time - learning time, songs, calendar, counting, colors, and shapes
10:50-11:10am	Hand washing & Snack Time
11:15- 11:45am	Clean Up Time, Outside Play, Diaper and Potty Time
11:50-12:00noon	Clean-up Time

Have a Wonderful Day!

Teeter Tot Curriculum through Key Experiences

Sense of Self

- Expressing initiative
- Distinguishing self from others
- Solving problems encountered in exploration and play
- Doing things for one's self (Self-Help Skills highlighted below)

Self Help Skills

- Eating Skills
- Dressing Skills
- Grooming Skills
- Classroom Clean-Up
- Potty Training

Social Relations

- Forming an attachment to a primary caregiver
- Building relationships with other adults
- Building relationships with peers
- Expressing emotions
- Showing empathy toward the feelings and needs of others
- Playing with others

Creative Representation

- Imitating and pretending
- Exploring building and art materials
- Responding to and identifying pictures and photographs

Movement

- Moving parts of the body (turning head, grasping, kicking)
- Moving the whole body (rolling, cruising, walking, running, balancing)
- Moving with objects
- Feeling and experiencing steady beat

Music

- Listening to music
- Responding to music
- Exploring and imitating sound s
- Exploring vocal pitch sounds

Communication and Language

- Listening and responding
- Communicating nonverbally
- Participating in two-way communication
- Speaking
- Exploring picture books and magazines
- Enjoying stories, rhymes, and songs

Exploring Objects

- Exploring objects with one's hands, feet, mouth, eyes, ears, and nose
- Discovering object permanence
- Exploring and noticing how things are the same or different

Early Quantity and Number

- Experiencing "more"
- Experiencing one-to-one correspondence
- Experiencing the number of things

Space

- Exploring and noticing the location of objects
- Observing people and things from various perspectives
- Filling and emptying, putting in and taking out
- Taking things apart and fitting them together

Time

- Anticipating familiar events
- Noticing the beginning and ending of time intervals
- Experiencing "fast" and "slow"
- Repeating an action to make something happen again: experiencing cause and effect

Early Childhood Math: Mathematic Curriculum Emphasized at Teeter Tots

Number and Numeration

- Counting orally forward and backward up to 10 using songs, movement activities, and games; using one-to-one correspondence to count objects in the context of everyday experiences and games; exploring concepts of quantity, more and less using concrete materials; beginning to recognize numerals and understanding the many uses of numbers.

Operations and Computation

- Exploring addition and subtraction concepts through one more/one less songs and number stories based in children's experiences; using fingers, manipulatives, and other strategies to solve number stories.

Measurement and Reference Frames

- Using language to describe the sizes of objects and size comparisons; beginning to explore and measurement using nonstandard units.

Geometry

- Exploring 2- and 3-dimensional shapes using body movements, tactile and sensory experiences, and manipulatives such as building blocks and pattern blocks; developing an understanding of position and spatial concepts and vocabulary through puzzles, games, gross motor experiences and art activities.

Patterns, Functions, and Algebra

- Identifying, describing and extending sound, movement, and visual patterns; identifying comparing and describing attributes of objects; sorting objects by attributes.

Teeter Tot Preschool Monthly Areas of Focus

September

Theme: Welcome to School & Friendship
Science: Discovering & Learning about Self
Social Studies: School Adjustment & Self-Awareness
Pre-Math: Numbers 1-3 and Rectangles
Color: Red
Language: Letters A – D

October

Theme: Fall and Halloween
Science: My Body & The Skeletal System
Social Studies: Halloween & Safety
Pre-Math: Numbers 3-5 and Circles
Colors: Orange & Black
Language: Letters E - H

November

Theme: Thankfulness & Harvest
Science: Birds & Weather Changes
Social Studies: Manners & Thanksgiving
Pre-Math: Numbers 5-7 and Squares
Colors: Brown & Yellow
Language: Letters I - L

December

Theme: Winter Season & Sharing
Science: The Five Senses
Social Studies: Giving and Holiday Celebrations
Pre-Math: Numbers 7-10 and Stars
Colors: Green & Red
Language: Letters M - O

January

Theme: New Year, New Beginnings
Science: Winter, Water, Ice
Social Studies: Martin Luther King, Jr., Using our Words, Respect, & Equality
Pre-Math: Numbers 1 – 10 Review and Diamonds
Colors: Blue & Black
Language: Letters P- R & Opposites

February

Theme: Caring & Loving
Science: Dental health & Shadow
Social Studies: Valentine's Day & Groundhog Day
Pre-Math: Numbers 10 – 12 and Hearts
Colors: Pink & Purple
Language: Letters S-V & Name Recognition

March

Theme: Spring Season
Science: Farm Animals and Spring Planting
Social Studies: Transportation & St. Patrick's Day
Pre-Math: Numbers 12 – 15 and Triangles
Colors: Primary Colors
Language: Letters W – Z, Letter of First Name

April

Theme: Love our Earth
Science: Reuse, Reduce, Recycle and Endangered Species
Social Studies: Earth Day
Pre-Math: Sequencing and Ovals
Colors: Secondary Colors
Language: ABC's (Review), Name Writing (Focus on First Name)

May

Theme: Once Upon a Time
Science: Dinosaurs
Social Studies: Mother's Day
Pre-Math: Sorting
Colors: The Rainbow
Language: ABC's (Review), Name Writing (Focus on Letter of Last Name)

June

Theme: Summer Season
Science: Reptiles & Amphibians
Social Studies: Father's Day, School Changes
Pre-Math: Measurement
Colors: Pastels
Language: Rhyming Words

July

Theme: Independence Day
Science: Ocean Life
Social Studies: Healthy Habits
Pre-Math: Matching & Pairs
Colors: Red, White & Blue
Language: Story Telling, Alphabet Puzzles

August

Theme: Community Helpers
Science: Outer Space
Social Studies: Safety
Pre-Math: Classification, Patterns
Colors: Orange, Green, Yellow
Language: Alphabet Stencils