



COMMITTEE ON AGING

Wednesday, August 16, 2017, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

ROLL CALL:

Members Present: Katherine Cesa, Karen Christian, Shirley Cressey, Kenneth Epley, Kimi Honda, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Joanna Kim Selby, Nola Veganes Chavez

Members Excused: Margot Allen, Jennifer Haller

Members Absent: Janet James (arrived at meeting close), Callie Major

Staff: Janet Bilbas, Lori Teachout

Councilmembers Present: Mayor Janet Abelson

1. APPROVAL OF MINUTES

Approve the minutes of June 21, 2017 meeting.

It was noted that the times on the minutes and agenda is incorrect and should be 3 pm. Kim Marlia cited the split infinitive in section 3a "to, for e.g., attend..." which should be "to attend, for e.g...." The minutes were approved with Karen Christian abstaining.

2. ORAL COMMUNICATIONS FROM THE PUBLIC: None

This place on the agenda is reserved for comments and inquiries from citizen regarding matters which do not otherwise appear on the agenda. Remarks are limited to a maximum of 2 minutes per person

3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS: Report given before meeting commenced

Janet Bilbas and/or Mayor Abelson may report on matters of general interest to the El Cerrito Committee on Aging, Council policies, priorities and significant actions taken by the City Council.

Mayor Abelson reported on the Council meeting of August 15, 2017: 1) Carol Kehoe was officially inducted as a Committee of Aging member. 2) Council also recognized two new members into the Wall of Fame. They are 100 year old Theresa Parella, former principal of Fairmont Elementary School and Mae Ritz, former City Councilmember. 3) Council heard a report by the Contra Costa Health, Housing, and Homeless Services Division on homelessness.

Janet Bilbas reported on the summer intern at the Senior Center in the Eldertech program, who tutored one-on-one seniors on Ipad or Iphone. The Meditation Talk at the Senior Center on July 26, 2017, was well-attended, and there seemed to be an interest in an ongoing class.

4. NEW BUSINESS

Janet Bilbas reported on progress made on potential future sites for the Open House Senior Center. The Veterans Hall is not able to have any senior center programs. The El Cerrito Royale has some classroom space and will be able to accommodate some classes. She will be looking at 11175 San Pablo Avenue (a former real estate office) and Hana Gardens later this month.

A sign-up sheet for volunteers for the October 4th Resource Fair was circulated. She distributed information about the Senior Transportation Forum on September 29, 2017 at John Muir Medical Center, Walnut Creek.

5. REPORTS

(Reports by Members of the Committee. The Committee may discuss individual report topics and refer or schedule issues for future action. Each report is limited to a maximum of 5 minutes.)

- A. Housing Subcommittee: Karen Christian said Hana Gardens has had 730 inquiries, but is still not taking applications.
- B. Transportation Subcommittee: None
- C. Legislation (State & Federal): None
- D. Area Agency on Aging Advisory Council: None
- E. West County Senior Coalition: None

- F. Health Care Subcommittee: Kimi Honda distributed flyers on eating healthy. Dr. Pansy Kwong reported on the side effects of drugs like Fosamex, which slow calcium loss from bones.
- G. Membership Subcommittee: None
- H. Guest Speaker Subcommittee: Nola Veganes- Chavez suggested a speaker on the benefits of tea.
- I. Technology: Steve Lipson explained the symbol for and advantage of wireless systems.

6. ITEMS FOR NEXT AGENDA

Resource Fair

Update on Senior Center relocation

7. ADJOURN REGULAR COMMITTEE MEETING

Janet James arrived at the close of the meeting and announced a Fall Prevention presentation at Eskaton Hazel Shirley Manor on September 12, 2017 and an eye screening on August 31, 2017. She added that she is interested in continuing with the Committee on Aging, but has been unable to attend meeting regularly because of work.

The next Committee on Aging meeting is Wednesday, September 20, 2017 at 3:00PM at City Hall, Council Chambers, 10890 San Pablo Avenue, El Cerrito, California.

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COMMUNICATION ACCESS INFORMATION

To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Janet Bilbas, Staff Liaison at (510) 559-7678 at least FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING to ensure availability: 6500 Stockton Avenue, El Cerrito, CA 94530 E-mail: jbilbas@ci.el-cerrito.ca.us