



Minutes
SPECIAL MEETING OF THE
COMMITTEE ON AGING

Wednesday, November 15, 2017, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

1. ROLL CALL:

Members Present:

Katherine Cesa, Karen Christian, Shirley Cressey, Kenneth Epley, Jennifer Haller,
Kimi Honda, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Nola
Veganés Chavez

Members Excused: Janet James, Joanna Kim Selby

Member Absent: Callie Major

Janet Bilbas explained that because the initial agenda was not posted to the City website that the only way the meeting could precede is if another agenda was posted as “Special Meeting of the Committee on Aging.”

1. APPROVAL OF MINUTES

Approve the minutes of October 18, 2017 meeting.

Dr. Kwong noted: 1) typographical error in Section 1, line 1 last word “is” should be “it”; 2) Section 4, second paragraph, 4th line, remove “either” so the sentence reads, “They could e-mail their comments to him.” Catherine Cesa moved that the minutes be approved as amended. Kenneth Epley seconded the motion, which passed with Karen Christian abstaining.

Callie Major’s absences were noted. Janet Bilbas will contact the City Clerk who will notify her of her withdrawal from the Committee on Aging. There has been no response from prospective member Uzuri Armini, who attended the October 18th, 2017 meeting.

2. ORAL COMMUNICATIONS FROM THE PUBLIC: None

3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS:

Mayor Abelson announced that at the last Council meeting: 1) Council approved a resolution awarding salary increases for SEIU 1021 members; 2) the City is evaluating becoming a charter city; and 3) Council repealed local campaign literature regulations which conflict with State legislation.

Janet Bilbas listed coming events at the Open House Senior Center:

- 1) Friday, November 17, 2017, 1:15 pm, presentation of future sight of the Senior Center
- 2) Wednesday, December 6, 2017, 11 am, Senior Center holiday party
- 3) Saturday, December 9, 2017, Annual Pancake Breakfast and Toy Drive
- 4) Saturday, January 27, 2018, Annual Crab Feed
- 5) Friday, April 20, 2018, Annual Golf Tournament, Hiddenbroke Golf Course

She reported that on Wednesday, November 15, 2017, Catherine Krueger from Marvin Gardens gave a presentation on Downsizing, Preparing for the Future. More than 45 seniors attended.

Janet Bilbas gave a presentation of the proposed future site of the Open House Senior Center. The City is planning to install portables on San Pablo Avenue, north of the Fire Department on a lot that is owned by the City and was the temporary location for City Hall while the present City Hall was being built. There will also be programming at Hana Gardens.

She explained the City's plans for a Park and Recreation Master Plan. The first workshop will be Saturday, November 18, 2017, where the public will be able to give their input.

4. NEW BUSINESS

Update on El Cerrito Senior Center location
Park and Recreation Master Plan discussion

5. REPORTS

A. Housing Subcommittee: None

Karen Christian asked if with more housing units would it impact schools becoming over crowded. Mayor Abelson said she did not think school attendance would be drastically affected because the units coming in were small, not what would ordinarily house a family with children.

B. Transportation Subcommittee: Shirley Cressey distributed information about the CALTRANS Central Avenue project to re-do that intersection's traffic signals.

C. Legislation (State & Federal): None

D. Area Agency on Aging Advisory Council: None

E. West County Senior Coalition: None

F. Health Care Subcommittee: Dr. Pansy Kwong reported that: 1) There is a new shingles vaccine.

2) There is a study reporting a link between alcohol and cancer. 3) There is no cure for Alzheimer's. The best strategy is to educate the caregivers.

G. Membership Subcommittee:

There is currently one opening (Margo Allen's). Staff will follow up on Callie Major, who has missed several meetings.

H. Guest Speaker Subcommittee: Jennifer Haller announced a presentation on the Health Benefits of Tea, January 19, 2018, at the Open House Senior Center. Proposed future talks are cyber scams and memory loss.

I. Technology: None

6. ITEMS FOR NEXT AGENDA

It was decided by unanimous consent to cancel the December 20, 2017 Committee on Aging meeting.

7. ADJOURN SPECIAL COMMITTEE MEETING

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COMMUNICATION ACCESS INFORMATION

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