



## Meeting Minutes

### COMMITTEE ON AGING

Wednesday, April 18, 2018, 3:00 P.M.

Council Chambers, City Hall

10890 San Pablo Avenue

El Cerrito, CA 94530

**This Meeting Place Is Wheelchair Accessible**

### ROLL CALL

Members Present: Katherine Cesa, Shirley Cressey, Kenneth Epley, Jennifer Haller, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, and Joanna Kim Selby (arrived late at 3:54 pm)

Nola Veganes Chavez

Members Excused: Karen Christian, Kimi Honda, Janet James

Councilmember Excused: Mayor Janet Abelson

Staff Member Present: Janet Bilbas

Guests: Pamela Wagner, Uzuri Amini, Debra Salan, Kisha Harris

### 1. APPROVAL OF MINUTES

Dr. Kwong noted a typographical error in Section F. "Opioid" was misspelled.

Shirley Cressey moved and Katherine Cesa seconded a motion to approve the minutes as corrected.

### 2. ORAL COMMUNICATIONS FROM THE PUBLIC:

*This place on the agenda is reserved for comments and inquiries from citizen regarding matters which do not otherwise appear on the agenda. Remarks are limited to a maximum of 2 minutes per person*

Debra Salan, MSW, PhD. spoke regarding her recent experience returning from a lengthy hospital stay. She requested to be on a future agenda to speak about issues regarding care and transportation.

Kisha Harris and Uzuri Amini expressed interest in becoming Committee on Aging members.

### 3. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS:

*Janet Bilbas and/or Mayor Abelson may report on matters of general interest to the El Cerrito Committee on Aging, Council policies, priorities and significant actions taken by the City Council.*

Janet Bilbas reported on presentations at the Open House Senior Center. On April 20 and 27, 2018 there will be presentations on Alzheimer's disease. On May 18, 2018, Contra Costa Legal Services will explain what services it provides.

There is a Pickle Ball Tournament June 23, 2018.

The 4<sup>th</sup> Annual Resource Fair is scheduled for October 3, 2018, 9 am-1 pm. Dr. Kwong suggested that there be more room for wheelchairs in the room for the talks.

#### 4. NEW BUSINESS

Update on Post Office handicapped parking: Carol Kehoe is working with the City of El Cerrito and they agreed to put a handicap parking space at the San Pablo Avenue Post Office. The work is currently pending. She will continue to pursue information about the Post Office's policy regarding disability accommodation.

Elect chair and vice-chair. Chair cannot serve more than two consecutive terms.

Jennifer Haller nominated Dr. Pansy Kwong for chair. Carol Kehoe seconded the nomination, which carried unanimously.

Nola Veganes-Chavez nominated Jennifer Haller to vice-chair. Carol Kehoe seconded the motion, which carried unanimously.

#### 5. REPORTS

*(Reports by Members of the Committee. The Committee may discuss individual report topics and refer or schedule issues for future action. Each report is limited to a maximum of 5 minutes.)*

A. Housing Subcommittee: No report

B. Transportation Subcommittee: Shirley Cressey reported that due to construction BART will be starting an hour later on weekends beginning as early as September, 2018.

C. Legislation (State & Federal): Jennifer Haller reported that Senior Rally Day in Sacramento will be May 8, 2018.

D. Area Agency on Aging Advisory Council: Joanna Kim Selby talked about a new scam dealing with new Medicare cards. She explained SB969 which requires that garage door openers have a back up battery.

E. West County Senior Coalition: No report

F. Health Care Subcommittee: Dr. Pansy Kwong gave a medical updates on lung cancer treatment which shows that immunotherapy has a greater success rate.

G. Membership Subcommittee: No report.

H. Guest Speaker Subcommittee: Jennifer Haller and Nola Veganes- Chavez

Hearing loss and the gadget person were suggested as future topics. The name of this subcommittee will be changed to Communications.

I. Technology: Steve Lipson reported on Eldertech, which will continue this summer with a student intern.

#### 6. ITEMS FOR NEXT AGENDA

Guest speaker

Work plan

#### 7. ADJOURN REGULAR COMMITTEE MEETING

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#### COMMUNICATION ACCESS INFORMATION

*To request a meeting agenda in large print, Braille, or on cassette, or to request a sign language interpreter for the meeting, call Janet Bilbas, Staff Liaison at (510) 559-7678 at least FIVE (5) WORKING DAYS NOTICE PRIOR TO THE MEETING to ensure availability: 6500 Stockton Avenue, El Cerrito, CA 94530 E-mail: [jbilbas@ci.el-cerrito.ca.us](mailto:jbilbas@ci.el-cerrito.ca.us)*