



MINUTES

REGULAR MEETING OF THE Committee on Aging

Wednesday, November 20, 2019 at 3p.m.

Staff Liaison
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City Council Chambers
10890 San Pablo Ave

This Meeting Place is Wheelchair Accessible

3 p.m. CONVENE REGULAR MEETING Chair Dr. Pansy Kwong called the meeting to order at 3:00 p.m.

- 1. ROLL CALL – Present:** Chair Dr. Pansy Kwong; Vice-Chair Jennifer Haller; Members Buddy Akacic arrived at 3:01pm, Katherine Cesa, Shirley Cressey, Kenneth Epley, Janet James arrived at 3:01pm, Carol Kehoe, Kim Maria, Nola Veganes Chavez
Absent: Steve Lipson, Joanna Kim Selby
Also, Present: Bridget Cooney, Staff Liaison and Janet Abelson, Council Representative

- 2. ORAL COMMUNICATIONS FROM THE PUBLIC**
No Comment

- 3. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS**

Council Liaison Abelson reported that a motion was passed at City Council on Tuesday, November 19, 2019 to appoint Buddy Akacic to the Human Relations Commission.

Council Liaison Abelson reported that Council passed a motion designating November 17-23, 2019 as "United Against Hate Week".

Council Liaison Abelson reported that Council discussed adopting a resolution regarding a request for proposals from the Kensington Police Protection and Community Services District to provide Police services in the community of Kensington.

Council Liaison Abelson reported that Council proposed action to 1) receive a presentation regarding BART's Transit Oriented Development (TOD) process for El Cerrito Plaza BART, provide feedback on the draft TOD goals and objectives; and 2) Adopt a resolution authorizing evaluation of a potential library to be included for study.

- 4. APPROVAL OF THE MINUTES**

Adopted the minutes of the Committee meeting on **October 16, 2019.**

- 5. AARP TAX-AIDE PROGRAM PRESENTATION**

Floyd Sam, District Coordinator for District 14, Area 2 provided an overview of the AARP Tax-Aide program offered with the City of El Cerrito. For 2020, the program will take place at the Hana Gardens Senior Center from February 3 – April 15, 2020.

- 6. SUB COMMITTEE REPORTS**

Reports:

- A. Housing subcommittee:** James reported that Eskaton Hazel Shirley Manor hosted a performance by The Perennials on November 19, 2019.
- B. Transportation subcommittee:** Cressey reported that the Richmond Ferry will not operate November 28-December 1, 2019. Epley

reported that he is participating as a Travel Trainer with WCCTAC and Hana Gardens Residents on Monday, November 25, 2019. The trip is using AC Transit and BART from Hana Gardens to Jack London Square.

- C. Legislation subcommittee: No report.
- D. Area Agency on Aging Advisory Council: No report.
- E. West County Senior Coalition: Kehoe reported that meetings will resume in 2020.
- F. Health Care subcommittee: Dr. Kwong reported on an article in the October 22, 2019 European Heart Journal regarding the effect of bedtime dosing of hypertension medications. Dr. Kwong reviewed a study that found that medical management with medications of non-emergent blockage of coronary arteries with medication and behavior modification was as successful as stent placement or bypass surgery.
- G. Membership subcommittee: No report.
- H. Communication subcommittee: Vice Chair Haller reported on Story-time for the Ages event on November 6, 2019.
- I. Technology subcommittee: No report.
- J. Disabilities subcommittee: Kehoe reported that PG&E power shutoffs are concerning to the senior disabled community.

7. 2019-2020 WORK PLAN REPORT

Vice Chair Haller provided an update on the 2019-2020 Work Plan goal: "Develop opportunities for intergenerational interaction within the City". Haller reported that four pillars have been established to meet the work plan goal.

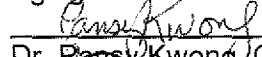
- 1) Story-time for the Ages: Story-time for the Ages program piloted at the Community Center on November 6, 2019. Eight children and their caregivers were in attendance. The program will continue in 2020 with the next meeting taking place in January (ongoing).
- 2) Kids Connection: Explore potential future partnership with Eskaton Hazel Shirley Manor and Prospect Sierra School (in progress).
- 3) El Cerrito Library: Explore potential partnership with possible story-time or book club activities with youth and adults (in progress).
- 4) Referral source: WCCUSD Read Aloud Program already established in WCCUSD schools looking for additional volunteers to read to students in identified elementary schools (ongoing).

8. Future Agenda Items

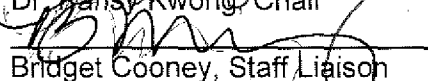
- December 18, 2019 meeting canceled due to lack of quorum.
- Next Meeting: Wednesday, January 15, 2020 at 3pm.
- Adoption of the 2020 Regular Meeting Schedule of the Committee on Aging (January 15, 2020)
- Library Forum Presentation, Assistant City Manager, Alexandra Orogas (February 19, 2020)

9. ADJOURNMENT The meeting adjourned at 4:15 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of November 20, 2019 as approved by the Committee on Aging.



Dr. Ransy Kwong, Chair



Bridget Cooney, Staff Liaison