



AGENDA

REGULAR MEETING OF THE COMMITTEE ON AGING

WEDNESDAY, NOVEMBER 17, 2021

Staff Liaison

Bridget Cooney | (510) 559-7008
bcooney@ci.el-cerrito.ca.us

JOIN VIA ZOOM:

<https://us06web.zoom.us/j/85462494586?pwd=VjJzRG9HU0RERkRkdGJuMjFod0FMUT09>

Meeting ID: 854 6249 4586 **Password:** 663603
or Dial in: 1-408-638-0968

This advisory body is currently meeting by teleconference, consistent with the Brown Act as amended by AB 361 (2021). Under the amended rules, *teleconference restrictions of the Brown Act are suspended* and the City will not provide a physical location for members of the public to participate in the teleconference meeting.

Any person wishing to speak to the Committee on Aging on any of these matters is invited to participate via teleconference as described above.

The City encourages submission of written comments in advance to the Committee on Aging via email to bcooney@ci.el-cerrito.ca.us prior to the meeting or by contacting the staff liaison listed above.

3:00 p.m. CONVENE REGULAR MEETING

1. **ROLL CALL** – Chair Kenneth Epley; Vice-Chair Pamela Wagner; Members Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow
2. **ORAL COMMUNICATIONS FROM THE PUBLIC**
Remarks are typically limited to three minutes per person, and may be on anything within the subject matter jurisdiction of the body. Remarks on non-agenda items will be heard first, as well as introduction by individuals interested in serving on the advisory body. Remarks on agenda items will be heard at the time the item is discussed.
3. **COMMITTEE MEMBER ANNOUNCEMENTS**
Remarks are typically limited to one minute per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.
4. **COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**
Councilmember Abelson and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.
5. **COMMITTEE ON AGING LIAISON REPORTS**
Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.

6. APPROVAL OF THE MINUTES

Pass a motion to adopt the minutes from the Committee on Aging meeting on October 20, 2021.

7. RECOGNITION OF SERVICE AND ACKNOWLEDGEMENT OF RESIGNATION

Chair Epley will recognize Joanna Kim-Selby for eight years of service on the Committee on Aging and acknowledge her resignation.

8. DISCUSSION AND POSSIBLE MOTION TO ADOPT PROPOSED 2022 COMMITTEE ON AGING MEETING CALENDAR

Discussion and possible motion to adopt the 2022 Committee on Aging meeting calendar.

9. DISCUSSION AND POSSIBLE ACTION FOR A RECOMMENDATION TO COUNCIL IN SUPPORT OF WEST CONTRA COSTA ADULT EDUCATION OLDER ADULT PROGRAMS

Discussion and possible motion to recommend that City Council send a letter in support of continued funding for Older Adult Education Programs to the West Contra Costa Unified School District Superintendent.

10. WORK PLAN ANNOUNCEMENTS AND REPORTS

Reports are limited to three minutes per working group, and may be on items related to the Work Plan Goals and Working Group Assignments.

- a) Transportation Infrastructure – recommendation to install a weather shelter and bus benches at identified AC Transit stops sent to Council 10/16/21.*
- b) Newspaper Rack Removal – recommendation to remove underutilized newspaper racks at identified location on San Pablo Ave sent to Council 10/16/21.*

11. FUTURE AGENDA ITEMS

- Canceled Meeting: December 15, 2021
- Next Meeting: January 19, 2022 at 3:00 p.m.

12. ADJOURNMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.



SUPPLEMENTAL AGENDA MATERIALS

COMMITTEE ON AGING MEETING NOVEMBER 17, 2021

AGENDA ITEM 6 – PROPOSED MINUTES FROM THE OCTOBER 20, 2021, COMMITTEE ON AGING MEETING

1. October 20, 2021, Proposed Minutes

AGENDA ITEM 8 – PROPOSED ANNUAL COMMITTEE ON AGING MEETING CALENDAR FOR 2022

1. 2022 Draft Meeting Calendar

AGENDA ITEM 9 – COMMITTEE ON AGING DRAFT RECOMMENDATION TO COUNCIL IN SUPPORT OF OLDER ADULT EDUCATION PROGRAMS

1. Draft Recommendation to City Council in support of WCCUSD Older Adult Education Programs.



Recreation Department

Staff Liaison

Bridget Cooney
(510) 559-7000
bcooney@ci.el-cerrito.ca.us

**DRAFT MINUTES
REGULAR MEETING OF THE
COMMITTEE ON AGING**

Wednesday, October 20, 2021, at 3 p.m.

VIA TELECONFERENCE

3:00 p.m. CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:00 p.m.

1. ROLL CALL

Present: Chair Kenneth Epley; Vice Chair Pamela Wagner; Members: Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow

Absent: Member Joanna Kim-Selby

Also Present: Bridget Cooney, Staff Liaison and Janet Abelson, City Council Liaison

Members from the Public: None

2. ORAL COMMUNICATIONS FROM THE PUBLIC

Public comment not on the agenda was received from Cordell Hindler and was included in the supplemental materials.

3. COMMITTEE ANNOUNCEMENTS

Member Kehoe reported that the West Contra Costa Unified Adult Education may close their Older Adult Programs in December 2021 and requested that the Committee on Aging send a letter to the school board in support of Older Adult Programs.

***Motion:** *Member Akacic made a motion to write a letter to the West Contra Costa Unified School District in support of continuing Older Adult Programs.*

Second: *Member Dr. Kwong seconded the motion.*

Ayes: *Chair Epley, Vice Chair Wagner, Member Akacic, Member Cesa, Member Lipson, Member Yow, Member James, Member Marlia, Member Kehoe, Member Dr. Kwong.*

Nos: *none*

Abstention: *none*

***Because this subject was not included on the agenda for this meeting, it will be considered as part of a future published meeting agenda. No action will be taken as a result of this vote until after the subject is considered as part of a future agenda item.**

Member Kehoe announced upcoming speakers at the Christ Lutheran Senior Center.

Member Cesa reported on the El Cerrito Plaza BART project meeting held virtually on October 12, 2021.

4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Reports by Councilmember Abelson and/or staff on matters of general interest to the

Committee on Aging, Council policies, priorities and significant action taken by City Council.

Councilmember Abelson reported on the Park and Recreation Commission Work Plan presentation at the October 19, 2021 city council meeting.

5. APPROVAL OF THE MINUTES

Moved/Second: Member Kehoe Moved/Member James Second

Action: Adopted the minutes with corrections from the Committee meeting on **September 15, 2021**

Ayes: Chair Epley, Vice Chair Wagner, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow

Nos: None

Abstention: None

6. COMMITTEE ON AGING LIAISON ANNOUNCEMENTS AND REPORTS

Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.

Member Lipson reported attendance at the Advisory Council on Aging and highlighted that the California Department of Aging is reviewing funding opportunities and has a YouTube channel, and that Mobility Matters presented on options for transportation throughout the county.

Member Cesa reported attendance at the West County Senior Coalition and highlighted results of the most recent census and possible redistricting.

7. PRESENTATION BY RICHMOND COMMISSION ON AGING CHAIR

Presentations are typically limited to fifteen minutes.

Mrytle Braxton, Chair of the Richmond Commission on Aging shared an overview of her commission and how they have remained connected to seniors during COVID-19. Chair Braxton highlighted virtual workshops and meetings and quarterly newsletters coordinated by the Richmond Commission on Aging.

8. DISCUSSION AND POSSIBLE ACTION TO RECOMMEND A “SENIOR OF THE YEAR AWARD” TO CITY COUNCIL

Member Akacic proposed for consideration establishing a “Senior of the Year Award”.

Moved: Member Akacic made a motion to recommend establishing a “Senior of the Year Award” to City Council.

Second: Member Kehoe seconded the motion.

Ayes: Member Akacic, Member Kehoe

Nos: Chair Epley, Vice Chair Wagner, Member Cesa, Member James, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow

Abstention: None

9. WORK PLAN GOALS AND WORKING GROUP ANNOUNCEMENTS AND REPORTS

Reports are limited to three minutes per working group.

- a) *Centenarian Recognition: Member Kehoe reported that the quarter 3 recognition of centenarians was completed October 5, 2021, and that three additional centenarians have been identified and added to the list for recognition.*
- b) *Outreach: Member Dr. Kwong presented the October Committee on Newsletter for editing purposes and reported there will be no Committee on Aging Newsletter published in December.*

Motion: *Member Kehoe made a motion to approve the October edition of the Committee on Aging Newsletter with edits.*

Second: *Vice Chair Wagner seconded the motion.*

Ayes: *Chair Epley, Vice Chair Wagner, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow*

Nos:

Abstention: *Member Akacic*

- c) *Public Transportation Infrastructure Improvements: Chair Epley proposed for consideration a recommendation to council to install a weather shelter and bus benches at identified stops on San Pablo Ave.*

Motion: *Chair Epley made a made a motion to approve a recommendation to City Council for the installation of a weather shelter at AC Transit stop #55594 southbound on San Pablo Ave at Moeser Lane and the installation of bus benches at AC Transit stops #55117 northbound and #55506 southbound San Pablo Ave at Potrero Ave.*

Second: *Vice Chair Wagner*

Ayes: *Chair Epley, Vice Chair Wagner, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marila, Member Yow*

Nos: *None*

Abstention: *None*

- d) *Newspaper Rack Removal: Chair Epley proposed for consideration a recommendation to council to remove identified, underutilized newspaper racks on San Pablo Ave.*

Motion: *Member Kehoe made a motion to approve a recommendation to City Council to remove unused and unsightly newspaper racks along San Pablo Ave.*

Second: *Chair Epley seconded the motion.*

Ayes: *Chair Epley, Vice Chair Wagner, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow*

Nos: *None*

Abstention: *None*

10. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, November 17, 2021, at 3pm
- Discussion and possible action taken to adopt meeting calendar for 2022 Committee on Aging Meeting Calendar (November)

11. ADJOURNMENT

Chair Kenneth Epley adjourned the meeting at 4:52 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of October 20, 2021, as approved by the Committee on Aging.

Kenneth Epley, Chair

Bridget Cooney, Staff Liaison



2022 Regular Meeting Schedule -DRAFT

City Holiday/Closed
 Regular Meeting
Location: Via Zoom or in-person at Council Chambers (10890 San Pablo Ave)
Meeting Time: 3:00 p.m.

COMMITTEE ON AGING

JANUARY 2022							
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MARCH 2022							
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APRIL 2022							
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MAY 2022							
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JUNE 2022							
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JULY 2022							
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AUGUST 2022							
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SEPTEMBER 2022							
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OCTOBER 2022							
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NOVEMBER 2022							
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DECEMBER 2022							
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November 12, 2021

Dear Honorable Mayor Paul Fadelli and Council Members,

The Committee on Aging would recommend to City Council that a letter in support of continued funding for the Older Adult Education Programs in El Cerrito be sent to the Superintendent of Schools for the West Contra Costa Unified School District (WCCUSD). The Committee on Aging recommends that City Council recognize that WCCUSD Adult Education classes for older adults are a vital resource for residents of the City of El Cerrito and that Governor Gavin Newsom has made healthy aging a priority for the state of California.

Our seniors in El Cerrito cherish the stimulating classes that are offered through the Older Adult Education Program, funded by WCCUSD Adult Education, and held at senior centers in El Cerrito. These classes keep our older adults connected and builds community which helps to prevent isolation and depression. Isolation is one of the most serious challenges facing older Americans, as it can lead to physical and mental deterioration and even death. Education programs are a low-cost, effective way to combat isolation and promote healthy aging.

Older Adult programs provide the support needed for seniors to add significant value to their communities through volunteer work, as demonstrated by an informal study of participants in two West Contra Costa Older Adult Education Programs which found that students in the programs provided over 6,000 hours of volunteer service during one school year, at an estimated value of approximately \$76,780 per year. If the Adult Education, Older Adult Programs close, the City of El Cerrito stands to lose two senior centers leaving close to 100 El Cerrito seniors with no place to go.

Thank you for your consideration.

El Cerrito Committee On Aging