



AGENDA

REGULAR MEETING OF THE COMMITTEE ON AGING

WEDNESDAY, FEBRUARY 16, 2022 at 3p.m.

Staff Liaison

Bridget Cooney | (510) 559-7008
bcooney@ci.el-cerrito.ca.us

JOIN VIA ZOOM:

<https://us06web.zoom.us/j/81300522154?pwd=dTc0Q3VnOFZlZHZhVUc0R3RDZwaVE4QT09>

Meeting ID: 813 0052 2154 **Password:** 325584
or Dial in: 1-408-638-0968

This advisory body is currently meeting by teleconference, consistent with the Brown Act as amended by AB 361 (2021). Under the amended rules, *teleconference restrictions of the Brown Act are suspended* and the City will not provide a physical location for members of the public to participate in the teleconference meeting.

Any person wishing to speak to the Committee on Aging on any of these matters is invited to participate via teleconference as described above.

The City encourages submission of written comments in advance to the Committee on Aging via email to bcooney@ci.el-cerrito.ca.us prior to the meeting or by contacting the staff liaison listed above.

3:00 p.m. CONVENE REGULAR MEETING

1. **ROLL CALL** – Chair Kenneth Epley; Vice-Chair Pamela Wagner; Members Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow
2. **ORAL COMMUNICATIONS FROM THE PUBLIC**
Remarks are typically limited to three minutes per person, and may be on anything within the subject matter jurisdiction of the body. Remarks on non-agenda items will be heard first, as well as introduction by individuals interested in serving on the advisory body. Remarks on agenda items will be heard at the time the item is discussed.
3. **COMMITTEE MEMBER ANNOUNCEMENTS**
Remarks are typically limited to three minutes per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.
4. **COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**
Councilmember Abelson and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.
5. **COMMITTEE ON AGING LIAISON REPORTS**
Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.

6. APPROVAL OF THE MINUTES

Pass a motion to adopt the minutes from the Committee on Aging meeting on January 19, 2022.

7. CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING

Informational Item: Jill Kleiner, Membership Committee Chair will share information about the Advisory Council on Aging.

8. CALIFORNIA MASTER PLAN ON AGING

Informational Item: Member Kehoe will share information learned from attending a presentation by Jody Reed, on the California Master Plan on Aging.

9. WORK PLAN REPORTS

Reports are limited to three minutes per working group, and may be on items related to the Work Plan Goals and Working Group Assignments.

a) *Outreach*

- *Committee on Aging Newsletter: review February/March edition of the Committee on Aging Newsletter for editing purposes and make a motion to approve distribution of newsletter.*
- *Memorial Bench Program: Memorial bench for Aaron Morris Kamil installed at Canyon Trail Park on 2/1/22. Memorial bench in honor of Kimi Honda has been ordered.*

b) *Housing*

- *Construction on an affordable housing complex for seniors in Pinole is expected to start this month.*

c) *Transportation*

- *AC Transit is looking to improve rider experience and bus stops and have an online survey <https://www.actransit.org/node/4636>.*

10. FUTURE AGENDA ITEMS

- Next Meeting: March 16, 2022 at 3:00 p.m.
- Annual re-organization of the Committee on Aging: April 2022
- Annual Work Plan Accomplishments & Goal Setting: May/June 2022

11. ADJOURNMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.



SUPPLEMENTAL AGENDA MATERIALS
(Revised 02/16/2022 at 12:00 P.M.)

COMMITTEE ON AGING MEETING
FEBRUARY 16, 2022

AGENDA ITEM – ORAL COMMUNICATION FROM THE PUBLIC

1. Public Comment Index

**AGENDA ITEM 6 – PROPOSED MINUTES FROM THE JANUARY 19, 2022,
COMMITTEE ON AGING MEETING**

1. January 19, 2022, Proposed Minutes

**AGENDA ITEM 9A – WORK PLAN REPORTS, PROPOSED COMMITTEE ON
AGING OUTREACH NEWSLETTER ARTICLES FOR FEBRUARY/MARCH
2022**

1. Committee on Aging Outreach Newsletter proposed articles for
February/March 2022 distribution.

**AGENDA ITEM 7 – CONTRA COSTA COUNTY ADVISORY COUNCIL ON
AGING PRESENTATION**

1. Informational presentation about the Advisory Council on Aging (ACOA)



SUPPLEMENTAL AGENDA MATERIALS PUBLIC COMMENT INDEX

COMMITTEE ON AGING MEETING February 16, 2022, at 3pm

The following Public Comments were received by 9:00 a.m. 2/16/2022, were provided directly to Committee on Aging members in advance of the meeting, and were posted online as supplemental materials at:

<http://www.el-cerrito.org/ArchiveCenter/ViewFile/Item/5650>

AGENDA ITEM 3 – ORAL COMMUNICATIONS FROM THE PUBLIC

1. Cordell Hindler

From: [Cordell Hindler](#)
To: [Bridget Cooney](#)
Subject: Public Comments
Date: Tuesday, February 15, 2022 3:00:37 PM

hello Bridget,

the only Public Comment for the Record is the Committee on Aging is Invited to attend a Performance of As you Like it on Friday and Saturday evening at the Masquer's Playhouse in Point Richmond 30.00 dollars per person.
Proof of Vaccination Required

Sincerely
Cordell



Recreation Department

Staff Liaison

Bridget Cooney
(510) 559-7000
bcooney@ci.el-cerrito.ca.us

**DRAFT MINUTES
REGULAR MEETING OF THE
COMMITTEE ON AGING**

Wednesday, January 19, 2022, at 3 p.m.

VIA TELECONFERENCE

3:02 p.m. CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:02 p.m.

1. ROLL CALL

Present: Chair Kenneth Epley; Vice Chair Pamela Wagner; Members: Buddy Akacic, Katherine Cesa, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow

Absent:

Also Present: Bridget Cooney, Staff Liaison and Janet Abelson, City Council Liaison

Members from the Public: Barbara Goldstein

2. ORAL COMMUNICATIONS FROM THE PUBLIC

Public comment not on the agenda received from Cordell Hindler included in the supplemental materials.

3. COMMITTEE ANNOUNCEMENTS

Member Kehoe announced upcoming speakers at the Christ Lutheran Senior Center on January 24 and 31, 2022.

Member Akacic announced the Senior Seminar Strollers awarded their second annual Senior of the Year award to Liesel Tillis.

Member Akacic reported attendance at the annual Martin Luther King Jr. parade in El Cerrito on Monday, January 17, 2022, and recognized the contribution of the Human Relations Committee in putting on this event.

Member Akacic reported that there are vacancies on the Environmental Quality Committee and encouraged Committee on Aging members interested to apply.

4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Reports by Councilmember Abelson and/or staff on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.

Councilmember Abelson reported that City Hall has closed the building to the public and staff are working remotely due to the surge in COVID cases. In person assistance is available at City Hall by appointment. Online transactions are also available.

Councilmember Abelson reported that the Recycling Center and Recreation Departments are operating with modified office hours open to the public.

Councilmember Abelson encouraged Committee on Aging members to wear N95 or

KN95 masks.

5. COMMITTEE ON AGING LIAISON ANNOUNCEMENTS AND REPORTS

Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports limited to three minutes per group.

Member Lipson reported attendance at the meeting on January 19, 2022.

Member Lipson reported that Joanna Kim-Selby resigned from the Committee leaving little representation in West County. Staff Liaison Cooney is working with the City Clerk regarding the appointment of a new Liaison for the Committee on Aging.

Member Lipson reported the Advisory Council on Aging is working on a program to give away iPads to seniors.

Member Kehoe reported the next West County Senior Coalition meeting is February 9, 2022.

6. APPROVAL OF THE MINUTES

Moved/Second: Member Kehoe Moved/Member James Second

Action: Adopted the minutes with corrections from the Committee meeting on **November 17, 2021**

Ayes: Chair Epley, Vice Chair Wagner, Member Akacic, Member Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow

Nos: None

Abstention: None

7. STATUS OF OLDER ADULT EDUCATION IN CALIFORNIA

Member Lipson provided the committee with updates to changes in the state educational codes that affect adult education.

8. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, February 16, 2022
- Annual re-organization of the Committee on Aging: April 2022
- Annual Work Plan accomplishments & goal setting for 2022/23: May/June 2022

9. ADJOURNMENT

Chair Kenneth Epley adjourned the meeting at 3:50 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of January 19, 2022, as approved by the Committee on Aging.

Kenneth Epley, Chair

Bridget Cooney, Staff Liaison

COA Newsletter Articles (February/March 2022) DRAFT

- 1) **USPS Informed Delivery:** Were you aware that the US Postal Service has a digital preview of mail which allows you to view mail and packages scheduled for delivery? It is a free service that allows you to view grayscale images of the exterior address side of letter size mail pieces and track packages. To access this service, you must set up an account [www://usps.com](http://www.usps.com).
- 2) **Social Security Update:** Seniors who are receiving Social Security should have received notification of the Social Security increase for 2022. Letters went out in December. Note there has been an increase in the Medicare Premium Part B, which covers doctor visits and outpatient services like lab tests and diagnostic screening. The Medicare Premium Part B increase is \$21.60 or \$170.10 per month
- 3) **Flu Shots:** It is not too late to get your flu shot. Unless there is a contraindication, all seniors should get an annual flu shot. Flu season peaks in January and February. It takes two weeks for the flu shot to take effect. It is safe to get the COVID booster and flu shot at the same time. Consult your physician for any questions or concerns.
- 4) **Taxes:** AARP will be doing taxes again this year in both El Cerrito at the Hana Gardens Senior Center (10870 San Pablo Ave, El Cerrito) and in Hercules. You must make an appointment. Please call (510) 241-2951. All clients must show proof of COVID vaccinations or negative test results within the last 72 hours. Appointments will start the first week in February and end on April 11, 2022. Please note things may change according to public health guidelines.
- 5) **Food Assistance Programs:** There are several programs available to low-income families and individuals. The information for the wide array of programs can be found at www.foodbanksccs.org. You must meet income guidelines and residency requirements. Examples of programs available include:

Free groceries once a month for low-income individuals and families

North Richmond Missionary Baptist Church, 1427 Fred Jackson Way, Richmond
3rd Tuesday, 10:00am-12:00pm

Southside Church of Christ, 1501 Florida Avenue, Richmond
4th Tuesday, 10:00am-12:00pm

Senior Food Program: Free groceries twice a month to low-income individuals 55 or older (only one senior per household):

Independent Community Church, 605 S. 16th Street, Richmond
1st and 3rd Fridays 10:30-11:30am

Alvarado School, 5625 Sutter Street, Richmond Annex

1st and 3rd Mondays, 10:00am-11:00pm (you will need to bring your own bag)

Recurring Articles:

- 1) **Memorial Bench Program:** Are you interested in dedicating a park bench in memory of a friend or loved one? El Cerrito Parks and Recreation Departments have a Memorial Bench Program. If you would like to honor a friend or relative in such a way, contact Recreation Director, Christopher Jones by calling (510) 559-7000 or email recreation@ci.el-cerrito.ca.us
- 2) **Recognition of Centenarians (100-year-old):** The El Cerrito Committee on Aging and the mayor established a program to recognize El Cerrito residents turning 100 years or older through a Mayoral Certificate of Recognition Program. Names, birth dates and residence status of centenarians will be verified. Quarterly, the mayor will read the names of individuals being recognized during the "Council of Communications" section of the city council agenda and certificates will be mailed to the address on file. If you know someone living in El Cerrito who is turning 100 or has already turned 100, let us know so we can honor them! Contact the El Cerrito Community Center by calling 510-559-7000 or email recreation@ci.el-cerrito.ca.us .
- 3) **East Bay Senior Strollers: Seminar and Stroll with Buddy Akacic:** Group meets at Hana Gardens on Fridays at 10:00am for a seminar on a topic of interest followed by a visit or stroll to local points of interest. Email buddyakacic@gmail.com or call (925) 628-9325 to get details.



Advisory Council on Aging

2/16/22 Presentation to the El Cerrito Committee on Aging

ACOA Background

- Provides leadership and advocacy on behalf of older citizens
- Serves as channel of communication and information on aging issues to Contra Costa County Area Agency on Aging
- Advices the Area Agency on Aging on needs and priorities of older persons in the county
- Appointment of members by the Board of Supervisors
 - 19 members representing cities in Contra Costa
 - 20 members at large
 - 1 senior nutrition program council representative

How We Are Organized

Workgroups

- Health
- Housing
- Transportation
- Legislative
- Technology

Committees

- Executive
- Planning
- Membership/
Nominating

Each workgroup/committee generally meets 10 times per year

Members attend both the general meeting and at least 1 committee or workgroup meeting each month

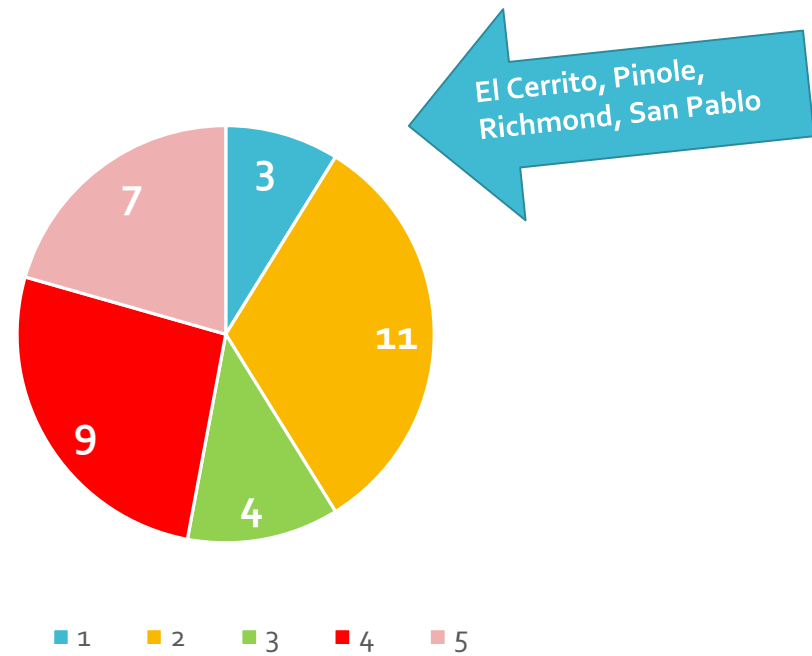
Annually, City Representatives provide a 3-minute report to the ACOA regarding actions taken by their city for the needs of their senior population

Membership

As of January 2022

We need your support to fully represent Contra Costa County

The ACOA makes every effort to recruit members that reflect the ethnic, economic, and geographic balance of the senior population of the County, including members of the disabled community and consumers of county services.



We encourage you to attend meetings, join workgroups, and become an ACOA member.

Thank-you for
letting us join
your meeting!

- For more information, contact:
 - Anthony Macias at AMacias@ehsd.cccounty.us or
 - Jill Kleiner at jillkleiner@yahoo.com
- Visit our website:
 - <https://ehsd.org/elderly-disabled/advisory-council-on-aging>

