



AGENDA

SPECIAL MEETING OF THE COMMITTEE ON AGING

WEDNESDAY, JULY 27 2022 at 3p.m.

Staff Liaison

Bridget Cooney | (510) 559-7008
bcooney@ci.el-cerrito.ca.us

JOIN VIA ZOOM:

<https://us06web.zoom.us/j/89659315353?pwd=eVcyamtGVUtrTUGJMY3V5WHloMzk2dz09>

Meeting ID: 896 5931 5353 **Password:** 445304
or Dial in: 1-408-638-0968

This advisory body is currently meeting by teleconference, consistent with the Brown Act as amended by AB 361 (2021). Under the amended rules, *teleconference restrictions of the Brown Act* are *suspended* and the City will not provide a physical location for members of the public to participate in the teleconference meeting.

Any person wishing to speak to the Committee on Aging on any of these matters is invited to participate via teleconference as described above.

The City encourages submission of written comments in advance to the Committee on Aging via email to bcooney@ci.el-cerrito.ca.us prior to the meeting or by contacting the staff liaison listed above.

3:00 p.m. CONVENE REGULAR MEETING

1. **ROLL CALL** – Chair Kenneth Epley; Vice-Chair Cesa; Members Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Pamela Wagner, Bruce Yow
2. **COMMITTEE MEMBER ANNOUNCEMENTS**
Remarks are typically limited to three minutes per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.
3. **COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**
Councilmember Abelson and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.
4. **COMMITTEE ON AGING LIAISON REPORTS**
Liaisons for the Advisory Council on Aging, West County Senior Coalition and Senior Living Facilities in El Cerrito, report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.
5. **APPROVAL OF THE MINUTES**
Pass a motion to adopt the minutes from the Committee on Aging meeting on May 18, 2022.
6. **WORK PLAN REPORTS**

Reports are limited to three minutes per working group, and may be on items related to the Work Plan Goals and Working Group Assignments.

- a) *Centenarian Recognition Quarter 2 (Apr-Jun) update.*
- b) *COA Outreach Newsletter: review August/September 2022 edition of the Committee on Aging Newsletter for editing purposes and make a motion to approve distribution of newsletter.*

7. ANNUAL WORK PLAN 2022-2023 GOAL SETTING

Discussion and possible motion to approve Committee on Aging Work Plan 2022-2023 Goals and work group assignments.

8. FUTURE AGENDA ITEMS

- Next Meeting: August 17, 2022 at 3:00 p.m.
- Future Presentation Topics:
 - Del Norte Complete Streets Project Presentation (Aug 2022)
 - Fire Department Follow-up Presentation (TBD)
 - Police Department Presentation (TBD)
 - Affordable Housing Presentation (TBD)
 - Senior Legislature Program Presentation (TBD)
 - Adopt Annual Committee on Aging Meeting Calendar 2023 (Nov 2022)

9. ADJOURNMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.



AGENDA MATERIALS

SPECIAL COMMITTEE ON AGING MEETING WEDNESDAY, JULY 27, 2022, at 3:00 P.M.

AGENDA ITEM 5 – APPROVAL OF MINUTES

1. Draft Meeting Minutes – May 18, 2022

AGENDA ITEM 6 – WORK PLAN REPORTS

1. Draft Committee on Aging Outreach Newsletter August/September Edition

AGENDA ITEM 7 – WORK PLAN 2022-2023

1. Draft Committee on Aging Work Plan 2022-23



Recreation Department

Staff Liaison

Bridget Cooney
(510) 559-7000
bcooney@ci.el-cerrito.ca.us

DRAFT MINUTES
REGULAR MEETING OF THE
COMMITTEE ON AGING

Wednesday, May 18, 2022, at 3 p.m.

VIA TELECONFERENCE

3:02 p.m. CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:02 p.m.

10. ROLL CALL

Present: Chair Kenneth Epley; Vice Chair Katherine Cesa; Members: Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Bruce Yow

Absent: Pamela Wagner

Also Present: Bridget Cooney

Members from the Public: None

11. ORAL COMMUNICATIONS FROM THE PUBLIC

Public comment not on the agenda received from Cordell Hindler included in the supplemental materials.

12. COMMITTEE ANNOUNCEMENTS

Member Akacic announced upcoming East Bay Senior Stroll on Friday, May 20th to view Memorial Bench installed by Zelda Holland.

Member Kehoe requested committee members submit snippets to the Committee on Aging Outreach Newsletter work group.

13. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Reports by Councilmember Abelson and/or staff on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.

Staff Liaison Cooney reported that 4th of July Festival is happening this year. The city is accepting applications from vendors and classic car showcase participants.

14. COMMITTEE ON AGING LIAISON ANNOUNCEMENTS AND REPORTS

Liaisons for the Advisory Council on Aging and the West County Senior Coalition report on matters of interest to the Committee on Aging. Reports limited to three minutes per group.

Member Lipson reported attendance at the meeting on May 18, 2022.

Member Lipson reported the Advisory Council on Aging program to give away iPads to seniors has stalled.

Member Lipson reported that Carol Kehoe applied for ACOA membership.

Vice Chair Cesa and Member Kehoe reported attendance at the May 18, 2022, West County Senior Coalition meeting. Member Cesa reported there are one-time funds to help implement the Master Plan for Aging. Member Kehoe reported the fastest growing group of homeless in Contra Costa County are age fifty and older. Member Kehoe reported that the Master Plan for Aging focuses on five areas: 1) housing for all stages and ages; 2) health reimaged; 3) inclusion and equity, 4) caregiving that works and 5) affording aging.

15. APPROVAL OF THE MINUTES

Moved/Second: Member Kehoe Moved/Member James Second

Action: Adopted the minutes with corrections from the Committee meeting on **April 20, 2022**

Ayes: Chair Epley, Vice Chair Cesa, Member Akacic, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow

Nos: None

Abstention: None

16. EL CERRITO FIRE DEPARTMENT PRESENTATION

Battalion Chief and Fire Marshall, Chase Beckman answered member questions regarding fire safety and prevention in El Cerrito.

Chair Epley invited Battalion Chief Beckman to come back to give his presentation at a Committee on Aging meeting later this year.

17. WORK PLAN 2021-2022 ACCOMPLISHMENTS

Moves/Second: Member Dr. Kwong/Member Kehoe

Action: Adopted the 2021-2022 Committee on Aging Work Plan Accomplishments.

Ayes: Chair Epley, Vice Chair Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Yow.

Nos: None

Abstention: None

18. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, June 15, 2022, at 3 p.m.
- Annual Work Plan 2022/23 goal setting & work group assignments: June 2022
- Discussion regarding possible recommendation to City Council regarding Memorial Bench for COVID-19 Victims: June 2022
- Future Presentation Topics: Police Department, Public Works, Senior Legislature Program, Recycle Center: New Composting Laws, Certified Fiduciary (TBD)
- Fire Department Follow-up Presentation: Oct/Nov 2022

19. ADJOURNMENT

Chair Kenneth Epley adjourned the meeting at 4:21 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the regular Committee on Aging meeting of May 18, 2022, as approved by the Committee on Aging.

Kenneth Epley, Chair

Bridget Cooney, Staff Liaison

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER

August/September 2022

Volume 6

Volunteer members of the El Cerrito Committee on Aging have gathered these resources for public benefit. The views and opinions expressed by this newsletter and by the individual organizers and facilitators of the program in this newsletter do not necessarily reflect the official policy or position of the City of El Cerrito. Please consult your doctor before participating in physical activities and regarding any health information contained in this newsletter.

FARMER'S MARKET AT CHRIST LUTHERAN CHURCH SENIOR CENTER



**780 Ashbury Ave, El Cerrito
Mondays, 11AM – 1PM**

Christ Lutheran Senior Center in partnership with Front Porch (formerly COVIA), will be starting a new Farmer's Market for Seniors. Farmer's Market operates on Mondays from 11am-1pm at the Christ Lutheran Church Senior Center, 780 Ashbury Ave in El Cerrito. Closed on holidays. Accepted forms of payment include cash or Supplemental Nutrition Assistance Program (SNAP) cards.

**Questions or interested in volunteering?
Contact Carol Kehoe, (510) 915-6120.**

FOOD PANTRY'S IN EL CERRITO:

There are two Food Pantry sites within El Cerrito city limits that can help El Cerrito Seniors dealing with food insecurity. Sites are managed by St. Vincent de Paul Society. Locations are at St John the Baptist Church and St. Jerome Catholic Church.

St. John's Catholic Church is located at 11150 San Pablo Ave; however, the food distribution is located on Kearney Street (behind the church). Distribution hours are 9am-10am every first and third Saturday. Bring a picture ID.

St Jerome's Catholic Church is located at 308 Carmel Street. Distribution hours are 10am-1:30pm every Wednesdays. Picture ID required.



Information for the wide array of food assistance programs available to low-income families. Must meet income guidelines and residency requirements. Use the link www.foodbankccs.org/find-food/foodbycity/ to find Food Distribution Sites listed by City or call (855) 309-3663.

Free groceries twice a month to low-income seniors fifty-five or older (one senior per household):

Alvarado School, 5625 Sutter Street, Richmond Annex
1st and 3rd Mondays (closed on holidays),
9:30am-11:00am, *Bring your own bag



Meals on Wheels serves nutritionally at-risk senior citizens who have challenges that prevent them from preparing nutritious daily meals for themselves. To find out more about this program or to get information about volunteer opportunities, call 1(866) 669-6697 or email mowcc@cchealth.org

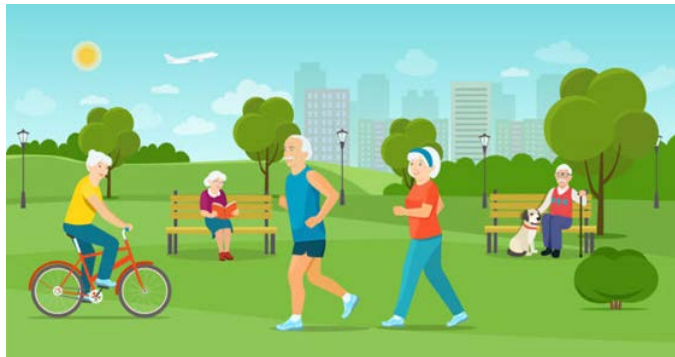


EASY RIDE SENIOR & DISABLED TRANSPORTATION PROGRAM:

Age 65+ or Age 18+ with a disability (medical verification required if under 65 years old)

Easy Ride is for El Cerrito residents only. Service within El Cerrito city limits and limited locations outside El Cerrito city limits. Riders must complete an application and provide proof of eligibility including residency. Applications renewed annually. Rides are by reservation only. Operates Monday through Thursday. For information or to schedule a ride call (510) 559-70000 or email recreation@ci-el-cerrito.ca.us .

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER



CITY OF EL CERRITO ADULT PROGRAMS & SERVICES

7007 Moeser Lane, El Cerrito

Fall 2022 Adult class registration opens 8/9/22 for El Cerrito Residents and 8/10/2022 for Non-Residents! Check out our rEC Guide at www.el-cerrito.org/recreation.

NEW FALL CLASSES FOR SENIORS

*pre-registration required and may be completed online www.el-cerrito/onlineereg or in person at the Community Center, 7007 Moeser Lane, El Cerrito, M-Th from 9am-12pm & 1pm-4pm (closed 12pm-1pm).

- **Beginner Line Dance:** Wed, 12-2pm, starts 9/7.
- **Senior Fitness: Chair Exercises:** Th, 11:30am-12:15pm, starts 9/1.
- **Strength & Balance:** Mon/Wed, 11:30am-12:30pm, starts 9/7.
- **Feldenkrais Method® Awareness-through-Movement class:** Th, 10-11am, starts 9/8.

rEC TREKS: SENIOR DAY TRIPS



The City of El Cerrito Recreation Department is pleased to announce that rEC Treks: Senior Day Trips are back! Seniors ages 60+ are invited to join other seniors as we explore locations throughout the bay area. Trips take place on Tuesdays. Pre-registration required. Sign up at www.el-cerrito.org/onlineereg.

For upcoming dates and prices, call (510) 559-7000 or email recreation@ci.el-cerrito.ca.us.

CHRIST LUTHERAN CHURCH SENIOR CENTER

Christ Lutheran Church Senior Center

780 Ashbury Ave

Mondays, 9:00am-3:00pm

Weekly presentations on Mondays starting at 11:30 am.

8/1 Foot Problems

8/8 Adaptive Telephones

8/15 Durable Power of Attorney

8/22 City of El Cerrito Public Works Director

8/29 Amy Engineers Corp

9/12 TBD

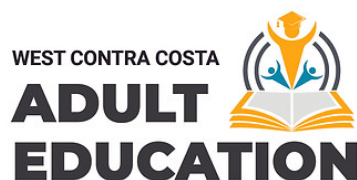
9/19 TBD

9/26 TBD

For presentation topics and information, call Carol at (510) 915-6120.

EAST BAY SENIOR STROLLERS:

Email buddyakacic@gmail.com or call (925) 628-9325 to get details.



<https://www.wccadulthoodeducation.com/classes>

RECOGNITION OF CENTENARIANS:

If you know someone living in El Cerrito who is turning one hundred or has already turned one hundred, let us know so we can honor them!



To submit a Centenarian for recognition, contact the City Clerk by email cityclerk@ci.el-cerrito.ca.us or call (510) 215-4305.

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER

FREE SERVICES

SENIOR PEER COUNSELING: If you are fifty-five or older and facing challenges that are difficult to cope with alone, Senior Peer Counseling program can help. Connect with fellow seniors trained to provide support with challenges such as depression, fear, loneliness, the loss of a loved one, health challenges or isolation.

Appointments are available at the Senior Center at Hana Gardens. All appointments require advance reservation. Contact Abraham Aviles-Scott, LMFT at (925) 521-5653 or email abran.aviles-scott@cchealth.org to schedule an appointment. Services are in English and Spanish.



HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP):

What is HICAP? HICAP is the Health Insurance Counseling and Advocacy Program that provides free, unbiased education, counseling and advocacy about Medicare and related health insurance including long term care insurance. Confidential, one-on-one counseling is provided by trained volunteer counselors registered with the California Department of Aging.

Appointments are available at the El Cerrito Community Center. Call (925) 655-1393 or email ehsdhicap@ehsd.cccounty.us to schedule an appointment.

LIONS CENTER FOR THE VISUALLY IMPAIRED: BLIND AND LOW-VISION DISCUSSION GROUP:

Meetings available at the El Cerrito Community Center, 7007 Moeser Lane, El Cerrito, on the 1st Tuesday of each month from 1pm-2pm.

Reservation required.

For more information or to register, call (925) 432-3013.



FREE COVID HOME TEST KITS

Order Free COVID home test kits

<https://special.usps.com/testkits> or call 1(800) 232-0233.



COMPOST GIVEAWAY

El Cerrito residents can pick up 5 cubic ft per household (approx. seven 5-gallon buckets) every 3rd Saturday of the month at Upper Cerrito Vista Park (adjacent to the tennis courts). Entrance on Avis Dr. Fully accessible. For more information, email greenassistant@ci.el-cerrito.ca.us or call (510) 215-4350.

Volunteer members of the El Cerrito Committee on Aging have gathered these resources for public benefit. The views and opinions expressed by this newsletter and by the individual organizers and facilitators of the program in this newsletter do not necessarily reflect the official policy or position of the City of El Cerrito. Please consult your doctor before participating in physical activities and regarding any health information contained in this newsletter.

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER



Vaccine Recommendations for People Over 50 years old and older

Have you ever wondered what vaccines you need? You can find recommendations for adults 50 years and older on the Centers for Disease Control and Prevention website: <https://www.cdc.gov/vaccines/adults/rec-vac/index.html>. Consult your doctor about which vaccines are needed to keep you healthy.

Here are some common vaccines available to help prevent illnesses:

COVID 19 vaccines include the two first doses and two boosters. The COVID 19 virus changes and more boosters may be needed in the future.

Influenza causes significant illness. The virus changes every year, so it is necessary to be immunized annually. The best time to get the vaccine is in late October since the virus peaks in December and continues to infect people into March/April.

Pneumococcal disease causes infection in the lungs. Older adults are at greater risk of getting very sick from this bacterial infection. There are two types of pneumococcal vaccines available PPSSV23 and PC13. Talk to your health care provider about what is best for you.

Shingles are a very painful problem. It is caused by the chickenpox virus that hides in your body and causes nerve pain when your immunity is down. The new shingles vaccine, Shingrix, is safe and 90% effective in preventing shingles. It is a two-dose vaccine. It does cause some temporary side effects, so you might ask your health provider about these.

Tetanus, diphtheria, and pertussis (whooping cough) can cause serious illness and death. It is important for older adults to be immunized especially those with exposure to children, grandchildren, etc. This vaccine is recommended every 10 years.

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FISCAL YEAR 2022-2023 WORK PLAN - **DRAFT**

AND 2021-2022 ACCOMPLISHMENTS

COMMITTEE ON AGING

Staff Liaison

Bridget Cooney | 510-559-7000
bcooney@ci.el-cerrito.ca.us

Chair Kenneth Epley, **Vice-Chair** Katherine Cesa

Members Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson,
Kim Marlia, Pamela Wagner, Bruce Yow

MISSION STATEMENT: The El Cerrito Committee on Aging was formed by City Council Resolution 3559 in June 1973 to advise the Council about the needs of older and/or disabled adult residents. The Committee on Aging addresses immediate concerns and issues concerning senior residents and adults with disabilities and addresses and supports the improvement of their quality of life. When appropriate, recommendations for action are made to the City Council.

The primary duties and purposes for which the Committee on Aging was established are as follows:

- To identify and establish regular communication with El Cerrito's older and/or disabled adults.
- To document needs of older and/or disabled adults living in El Cerrito and identify resources and benefits available from all agencies.
- To develop plans for programs that utilize the resource of talents among El Cerrito's older and/or disabled adults through volunteer opportunities to be recommended to the Council for inclusion in the General Plan and other plans and programs as may be developed.
- To review and evaluate existing and proposed programs within their responsibility and make recommendations to the Council on City action and funding.
- To serve as liaisons with other interested and concerned groups.

HISTORICAL BACKGROUND: The members of the Committee on Aging are appointed by the City Council upon recommendation by the Committee. Membership is open to all interested adult residents of El Cerrito. Anyone wishing to join the Committee must attend three meetings so that they may become familiar with the members and activities of the Committee before making their decision to join.

The Committee's regular meeting date is the Third Wednesday of the month. The meeting starts at 3:00 p.m. The Committee meets at the El Cerrito City Hall, Council Chambers, 10890 San Pablo Avenue. The public is invited to attend the meetings. The Chairperson and Vice-Chairperson are elected annually. The Committee on Aging typically does not meet in December.

Goals and Objectives

The Committee, with Council support, has established four long-term goals for which to advocate:

- Affordable housing options for older and disabled residents.
- Adequate space and facilities for, and the provision of, quality programs and services for seniors.
- Improved accessible public transportation and para-transit services for persons unable to use public transit facilities.
- Increased support services to assist frail older adults and their families both within and outside of their homes.

In pursuit of its goals, the Committee has the assistance of the Adult Programs and Services Supervisor. She/he will attend all Committee meetings and provide the Committee with current information on the status of programs and facilities available.

Together with Adult Programs and Services Supervisor, the Committee continuously evaluates the services being provided and makes suggestions and recommendations pertaining to such services.

FISCAL YEAR 2022-2023 WORK PLAN

Priority Ranking	Goal/Objective	Proposed Activities	Work Group Assignment	Timeline For Completion
1.	(Communication/Outreach) Improve communication and outreach to older adults living in El Cerrito.	<p>A) Educate seniors in areas of health care and legislation affecting older adults. Share information gathered from reliable sources.</p> <p>B) Improve communication of public transportation resources for older and/or disabled adults who are no longer able to drive themselves.</p> <p>C) Identify and educate seniors in El Cerrito of free support services available to them in the area.</p>	Wagner Dr. Kwong Kehoe	
2.	(Affordable Housing)	<p>A) Remain informed of affordable housing developments, initiatives, and opportunities for seniors in the area. Share applicable information about affordable housing with seniors in El Cerrito through the COA outreach newsletter.</p>		

3.				
4.				

ONGOING WORKING GROUP PROJECTS

	Project	Activities	Work Group Assignments
1.	(Liaison Assignments) Serve as Liaison to: Area Agency on Aging West County Senior Coalition Senior Living Facilities in El Cerrito	A) Report back to the committee on topics of interest discussed at meetings. B) Report back to the committee on information regarding programs, services and activities involving senior living facilities in El Cerrito including, but not limited to Eskaton Hazel Shirley Manor, Hana Gardens and El Cerrito Royale.	Area Agency on Aging (Lipson) West County Senior Coalition (Cesa, Kehoe) Senior Living Facilities in El Cerrito (James)
2.	(Technology for Seniors) Improve senior's knowledge of and access to technology to help seniors close the digital divide.	A) Identify and share information regarding existing resources and services available to seniors including free or low-cost internet access, free computer access, low-cost cell phone programs and technology tutoring.	Lipson
3.	(Accessibility/ADA) Identify and report accessibility issues preventing senior and/or disabled residents from safely accessing programs, services, parks, and buildings in the city.	A) Report accessibility issues or concerns within the city of El Cerrito to appropriate city departments. B) Advocate for improved accessibility for older and disabled adults in El Cerrito.	Kehoe
4.	(Centenarian Recognition) Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.	Quarterly recognition process for Centenarians: <ol style="list-style-type: none"> 1. COA will submit names, birth date, and contact information to staff liaison. 2. Staff liaison will give names to City Clerk who is responsible for maintaining an active list of Centenarians in El Cerrito. 3. COA verification of list provided by City Clerk (sent quarterly) 	Kehoe Marlia

		<p>4. COA: Confirm physical address and that individual(s) are still with us (must currently reside in El Cerrito to qualify)</p> <p>5. Mayor: recognizes under Council Communications. Signed Certificates mailed to the address on file.</p> <p>Schedule as follows:</p> <p>1st Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates/recognition completed in April</p> <p>2nd Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates/recognition completed in July</p> <p>3rd Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates/recognition completed in October</p> <p>4th Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates/recognition completed in January</p>	
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PRIOR YEAR (2021-2022) ACCOMPLISHMENTS

	Goal/Objective	Activities Supporting Goal	Status
1.	<p>(Communication/Outreach)</p> <p>Improve communication and outreach to older adults living in El Cerrito.</p>	<p>A) Identify low-cost ways to distribute the 60+ Senior Bulletin to more residents in El Cerrito.</p> <p>B) Promote the Memorial Bench program. Share information regarding the program with senior centers, senior housing, individual residents, businesses and other clubs and organizations in El Cerrito.</p> <p>C) Prepare a list of local free and low-cost food distribution locations for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p> <p>D) Prepare a list of local free/low-cost programs, activities and events for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p> <p>E) Prepare and distribute a monthly Committee on Aging Newsletter with the intention of sharing resources and information about senior services, events and programs that aims to improve the health and well-being of seniors in El Cerrito.</p>	<p>September 2021 –information regarding in-person City programs sent out in the East Bay Sanitary quarterly statements.</p> <p>September 2021 - First Committee on Aging Outreach Newsletter published and distributed by COA members. Information in newsletter included food assistance programs, COVID boosters and in-person programs and activities for seniors.</p> <p>October 2021 – Second COA Outreach Newsletter published and distributed. Information included health updates and legislation, centenarian recognition program, in-person senior classes and activities, Health Insurance Counseling and Advocacy Program (HICAP) and Memorial Bench program.</p> <p>February 2022 -Third COA Outreach Newsletter published and distributed. Decided to move to a bi-monthly format for distribution.</p> <p>April 2022 – Fourth COA Outreach Newsletter published and distributed. Published newsletter added to Recreation Department website. Newsletter replaced what was formerly called “Senior Snippets”.</p> <p>February 2022 – Memorial Bench installed at Canyon Trail Park for Aaron Morris Kamil and second Memorial Bench order placed for Kimi Honda.</p>
	<p>(Public Transportation Infrastructure Improvement Recommendations)</p>	<p>Identify AC Transit bus stops in the city without benches or weather shelters that would benefit from having benches/shelter installed.</p>	<p>10/20/21 - COA passed a motion to submit a recommendation to City council to install a weather shelter at AC Transit stop #55594, southbound and bus benches at AC Transit</p>

<p>Prepare a recommendation to City Council to:</p> <p>Install bus benches at stops #55117 northbound and #55506 southbound San Pablo Ave at Potrero Ave.</p> <p>Install weather shelter at stop #55594 southbound San Pablo Ave at Potrero Ave.</p>	<p>Prepare a recommendation to give to Council for weather shelter and bench installation at identified bus stops. Put on the agenda discussion and possible action (motion to recommend to City Council).</p>	<p>stops #55117northbound and #54406 southbound.</p> <p>11/3/21 - Recommendation was sent to Council and was included in the City Council agenda packet for the 11/16/21 council meeting.</p> <p>No action taken by Council.</p>
<p>(Newspaper rack removal)</p> <p>Prepare a recommendation to City Council to remove unused newspaper racks in El Cerrito on San Pablo Ave.</p>	<p>Identify unused or damaged newspaper racks on San Pablo Ave.</p> <p>Prepare a recommendation to give to Council for removal of identified unused newspaper racks. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</p>	<p>10/20/21 COA passed a motion to submit a recommendation to Council to remove unused and unsightly newspaper racks located on San Pablo Ave.</p> <p>Identified newspaper racks located on San Pablo Ave in front of City Hall and on San Pablo Ave in front of the Post Office.</p> <p>11/3/21 Recommendation sent to Council and included in the Council agenda packet for the 11/16/21 council meeting.</p> <p>Recommendation accepted by Council.</p> <p>March 2022 – Chair Epley reported that newspaper racks had been removed.</p>
<p>(Centenarian Recognition)</p> <p>Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</p>	<p>A) Identify El Cerrito Residents turning 100-years old or older (Reach out to senior housing, senior centers and neighborhood groups including posting notices on City website and social media to identify residents turning 100-years old or older).</p> <p>B) Contact nominated residents and/or person nominating the resident to gather background information and interesting life events (including how long they have</p>	<p>May-June 2021 Prepared a recommendation to give to Council for Centenarian Recognition. Put recommendation on agenda for discussion and action (motion to recommend to Council).</p> <p>July 2021 - Submitted recommendation to Council</p> <p>August 2021 - recommendation accepted by Council. Centenarian Recognition moved</p>

		<p>lived in El Cerrito/what brought them to El Cerrito).</p> <p>C) Submit names, birth date, and contact information to staff liaison. Staff liaison will work with City Clerk and City Council for recognition certificate(s).</p> <p>D) Prepare a recommendation to give to Council for Centenarian Recognition at a city council meeting. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</p>	<p>to on-going working group assignment and process for recognition established.</p> <p>Quarterly recognition process for Centenarians:</p> <ul style="list-style-type: none"> • COA verification of list provided by City Clerk (send quarterly) • COA confirm physical address and that individual(s) are still with us • Mayor announces/recognizes under Council Communications • City Clerk/Mayor: Signed Certificates mailed to the address on file. <p>Schedule as follows:</p> <p>1st Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates and announcements completed in April</p> <p>2nd Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates and announcements completed in July</p> <p>3rd Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates and announcements completed in October</p> <p>4th Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates and announcements completed in January</p>
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