



AGENDA

REGULAR MEETING OF THE COMMITTEE ON AGING

WEDNESDAY, SEPTEMBER 21, 2022, at 3p.m.

Staff Liaison

Bridget Cooney | (510) 559-7008
bcooney@ci.el-cerrito.ca.us

JOIN VIA ZOOM:

<https://us06web.zoom.us/j/83185121938?pwd=OXZadWdyRUJvWlh2bk1DQ0FiVWVqdz09>

Meeting ID: 831 8512 1938 **Password:** 008722
or Dial in: 1-408-638-0968

This advisory body is currently meeting by teleconference, consistent with the Brown Act as amended by AB 361 (2021). Under the amended rules, *teleconference restrictions of the Brown Act are suspended*, and the City will not provide a physical location for members of the public to participate in the teleconference meeting.

Any person wishing to speak to the Committee on Aging on any of these matters is invited to participate via teleconference as described above.

The City encourages submission of written comments in advance to the Committee on Aging via email to bcooney@ci.el-cerrito.ca.us prior to the meeting or by contacting the staff liaison listed above.

3:00 p.m. CONVENE REGULAR MEETING

- 1. ROLL CALL** – Chair Kenneth Epley; Vice-Chair Cesa; Members Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson, Kim Marlia, Pamela Wagner, Bruce Yow
- 2. ORAL COMMUNICATIONS FROM THE PUBLIC**
Remarks are typically limited to three minutes per person and may be on anything within the subject matter jurisdiction of the body. Remarks on non-agenda items will be heard first, as well as introduction by individuals interested in serving on the advisory body. Remarks on agenda items will be heard at the time the item is discussed.
- 3. COMMITTEE MEMBER ANNOUNCEMENTS**
Remarks are typically limited to three minutes per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.
- 4. COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**
Councilmember Abelson and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.
- 5. COMMITTEE ON AGING LIAISON REPORTS**
Liaisons for the Advisory Council on Aging, West County Senior Coalition and Senior Living Facilities in El Cerrito, report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.
- 6. APPROVAL OF THE MINUTES**

Pass a motion to adopt the minutes from the Special Committee on Aging meeting on August 17, 2022.

7. WORK PLAN REPORTS

Reports are limited to three minutes per working group and may be on items related to the Work Plan Goals and Working Group Assignments.

- *Review draft Committee on Aging Outreach Newsletter October/November 2022 edition of editing purposes and possible motion to approve for distribution.*
- *Quarter 3 Centenarian Recognition report*

8. ANNUAL WORK PLAN 2022-2023 GOAL SETTING

Continued discussion and possible motion to approve Committee on Aging Work Plan 2022-2023 Goals and work group assignments.

9. FUTURE AGENDA ITEMS

- Next Meeting: October 19, 2022, at 3:00 p.m.
- Future Presentation Topics:
 - Adopt Annual Committee on Aging Meeting Calendar 2023 (Nov 2022)
 - Affordable Housing Presentation (TBD)
 - Senior Legislature Program Presentation (TBD)
 - Fire Department Follow-up Presentation (TBD)
 - Police Department Presentation (TBD)
 - Public Works Projects Presentation (TBD)

10. ADJOURNMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.



AGENDA MATERIALS

REGULAR COMMITTEE ON AGING MEETING WEDNESDAY, SEPTEMBER 21, 2022, at 3:00p.m.

AGENDA ITEM 5 – APPROVAL OF MINUTES

1. Draft Meeting Minutes – AUGUST 17, 2022

AGENDA ITEM 7 – WORK PLAN REPORTS

1. Draft Committee on Aging Outreach Newsletter Oct/Nov 2022 Edition

AGENDA ITEM 8 – WORK PLAN 2022-2023

2. Draft Committee on Aging Work Plan 2022-23



Recreation Department

Staff Liaison

Bridget Cooney

(510) 559-7000

bcooney@ci.el-cerrito.ca.us

DRAFT MINUTES
SPECIAL MEETING OF THE
COMMITTEE ON AGING

Wednesday, August 17, 2022, at 3p.m.

VIA TELECONFERENCE

CONVENE REGULAR MEETING Chair Epley called the meeting to order at 3:01p.m.

1. ROLL CALL

Present: Chair Kenneth Epley; Vice Chair Katherine Cesa; Members: Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson (3:03 p.m.), Kim Marlia, Pamela Wagner, Bruce Yow

Absent: Buddy Akacic

Also Present: Bridget Cooney, Staff Liaison; Janet Abelson, Councilmember, Presenters, Jason Chen with Anchor and Robert Stevens with CSW STR

Members from the Public: None

2. ORAL COMMUNICATIONS FROM THE PUBLIC

Public comment not on the agenda received from Cordell Hindler included in the supplemental materials.

3. COMMITTEE ANNOUNCEMENTS

No announcements

4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS

Staff Liaison Cooney announced a community workshop about the possibility of a new El Cerrito Library will be held on Zoom on Thursday, August 25, 2022, from 7:00-8:30p.m.

Staff Liaison Cooney announced that BART, in celebration of their 50th Anniversary, will offer discounted fares and will host concerts at certain BART stations during the month of September.

Staff Liaison Cooney announced that the Kensington Police Department took over the lease of one of the Midtown Activity Center buildings effective August 1, 2022.

Councilmember Abelson announced her retirement from city council at the end of the year.

Councilmember Abelson reported that the annual fire hazard abatement process has been completed with no failures.

Councilmember Abelson reported that city council entered into a project stabilization agreement with the Contra Costa Building and Trades Council.

Councilmember Abelson reported that city council is updating the city's housing elements before the deadline at the end of the year.

Councilmember Abelson reported that the August 16, 2022, council meeting was adjourned in memory of Lori Dair.

5. COMMITTEE ON AGING LIAISON ANNOUNCEMENTS AND REPORTS

Member Lipson reported that new Advisory Council on Aging officers were elected. Member Lipson reported that West Contra Costa County will receive approximately \$1.4 million dollars from the California Department on Aging Access to Technology (ATT) Program. Member Lipson recommended having a presentation about scams at a future meeting.

Members Cesa reported there was no August meeting of the West County Senior Coalition.

Member James reported that member Lipson did another technology tutoring session with Eskaton Hazel Shirley Manor residents as part of the Lighthouse Project.

6. APPROVAL OF THE MINUTES

Moved/Second: Member Kehoe Moved/Member Wagner Second

Action: Adopted the minutes with edits from the Special Committee on Aging meeting held on **July 27, 2022**

Ayes: Chair Epley, Vice Chair Cesa, Member James, Member Kehoe, Member Dr. Kwong, Member Lipson, Member Marlia, Member Wagner, Member Yow

Nos: None

Abstention: None

7. DEL NORTE COMPLETE STREETS IMPROVEMENT PROJECT PRESENTATION

Informational presentation about the Del Norte Complete Streets Improvement Project given by consultant Jason Chen with Anchor and Robert Stevens, President of CSW ST2 who are the lead designers working on the Del Norte Complete Streets Improvement Project.

8. WORK PLAN REPORTS

No Report

9. ANNUAL WORK PLAN 2022-2023 GOAL SETTING

Committee on Aging members discussed potential focus areas and goals for 2022-23. Committee will continue conversation at the September 21, 2022, meeting.

10. FUTURE AGENDA ITEMS

- Next Meeting: Wednesday, September 21, 2022, at 3:00p.m.
- Annual Work Plan 2022/23 Goal Setting continued (Sept)
- Potential presentations: Affordable Housing, Public Works Projects, Fire Department Presentation, Police Department Presentation, Senior Legislature Program, Caltrans Projects (TBD)
- Adopt Annual Committee on Aging Meeting Calendar 2023 (Nov 2022)

11. ADJOURNMENT

Chair Kenneth Epley adjourned the meeting at 5:06p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the Special Committee on Aging meeting of August 17, 2022, as approved by the Committee on Aging.

Kenneth Epley, Chair

Bridget Cooney, Staff Liaison

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER

October/November 2022

Volume 7

Volunteer members of the El Cerrito Committee on Aging have gathered these resources for public benefit. The views and opinions expressed by this newsletter and by the individual organizers and facilitators of the program in this newsletter do not necessarily reflect the official policy or position of the City of El Cerrito. Please consult your doctor before participating in physical activities and regarding any health information contained in this newsletter.



Café Costa is a Senior Nutrition Program run by the County and the Area Agency on Aging that operates in various cities throughout the county. Café Costa provides nutritious meals for seniors ages 60 and older. The El Cerrito Senior Nutrition Program, will resume in-person dining for lunch at our new location, the El Cerrito Community Center, 7007 Moeser Lane beginning in October 2022. Capacity is limited and reservations are required. Lunch will be served two days per week and **FREE rides to/from lunch provided to El Cerrito Residents enrolled in Easy Ride Senior and Disabled Transportation Program.** For more information on anticipated start date or to enroll in the program, call (510) 559-7000 or email recreation@ci.el-cerrito.ca.us.

FARMER'S MARKET FOR SENIORS



Farmer's Market for Seniors operates on **Mondays from 11:00a.m. to 1:00p.m.** at Christ Lutheran Church Senior Center, 780 Ashbury Ave in El Cerrito. Closed on holidays. Accepted forms of payment include cash or Supplemental Nutrition Assistance Program (SNAP) cards. Questions? Contact Carol Kehoe, (510) 915-6120.



Meals on Wheels serves nutritionally at-risk senior citizens who have challenges that prevent them from preparing nutritious daily meals for themselves. To find out more about this program or to get information about volunteer opportunities, call 1(866) 669-6697 or email mowcc@cchealth.org



Information for the wide array of food assistance programs available to low-income families. Must meet income guidelines and residency requirements. Use the link www.foodbankccs.org/find-food/foodbycity/ to find Food Distribution Sites listed by City or call (855) 309-3663.

Free groceries twice a month to low-income seniors fifty-five or older (one senior per household):

Alvarado School, 5625 Sutter Street, Richmond Annex

1st and 3rd Mondays (closed on holidays), 9:30a.m.-11:00a.m., *Bring your own bag

FOOD PANTRY'S IN EL CERRITO:

St. Vincent de Paul Society runs two Food Pantry sites in El Cerrito that help El Cerrito Seniors dealing with food insecurity.

St. John's Catholic Church is located at 11150 San Pablo Ave, El Cerrito; however, the food distribution is located on Kearney Street (behind the church). **Distribution hours are 9:00a.m.-10:00a.m. every first and third Saturday.** Bring a picture ID.

St Jerome's Catholic Church is located at 308 Carmel Ave, El Cerrito. **Distribution hours are 10:00a.m.-1:30p.m. every Wednesdays.** Picture ID required.

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER



EASY RIDE SENIOR & DISABLED TRANSPORTATION PROGRAM:

Easy Ride is for El Cerrito residents only. Service within El Cerrito and limited locations outside El Cerrito city limits. Registration and proof of eligibility required and must be renewed annually. Operates Monday through Thursday, reservations required. For information call (510) 559-70000 or email recreation@ci.el-cerrito.ca.us .

CITY OF EL CERRITO RECREATION DEPARTMENT ADULT PROGRAMS

7007 Moeser Lane, El Cerrito

Email: recreation@ci.el-cerrito.ca.us or call (510) 559-7000. For a full list of classes, check out our rEC Guide at www.el-cerrito.org/recreation.

Pre-registration required and may be completed in person at the Community Center, 7007 Moeser Lane, El Cerrito, M-Th from 9a.m.-12p.m. & 1p.m.-4p.m. (closed 12p.m.-1p.m.) or online www.el-cerrito.org/onlineereg.

- **Beginner Line Dance:** Wed, 12p.m.-2p.m.
- **Bridge:** Th, 1:15p.m.-3:45p.m.
- **Feldenkrais Method @ Awareness-through-Movement:** Th, 10-11a.m.
- **Senior Fitness: Chair Exercises:** Th, 11:30a.m.-12:15p.m.
- **Senior Fitness: Floor Exercises:** Tu, 11:30a.m.-12:15p.m.
- **Strength & Balance:** Mon/Wed, 11:30a.m.-12:30p.m.
- **T'ai Chi Chih:** Mon, 10a.m.-11a.m.
- **Zumba Gold & Gold Toning:** M-Th 10:10-11:15a.m.

rEC TREKS: SENIOR DAY TRIPS



Seniors ages 60+ are invited to join other seniors as we explore locations throughout the bay area. Trips take place on Tuesdays. Pre-registration required and may be completed online www.el-cerrito.org/onlineereg or in person at the Community Center, 7007 Moeser Lane, El Cerrito, M-Th from 9a.m.-12p.m. & 1p.m.-4p.m. (closed 12p.m.-1p.m.).

Email: recreation@ci.el-cerrito.ca.us or call (510) 559-7000 for more information and prices.

Upcoming Trips:

Oct 11: First Street in Benicia stroll through historic Benicia enjoying the views and shops.

Oct 25: Tour of Marin County Civic Center designed by Frank Lloyd Wright.

Nov 29: Pier 39 & Fisherman's Wharf

Dec 6: Afternoon Tea at the Pardee Home

CHRIST LUTHERAN CHURCH SENIOR CENTER

780 Ashbury Ave, El Cerrito

Mondays, 9:00a.m.-3:00p.m.

Weekly presentations on Mondays starting at 11:30a.m.

10/3 TBD

10/10 League of Women's Voters

10/17 CalTrans – Wildlife Crossings

10/24 Sewer Lateral Update

10/31 iPhone Tutorial

For presentation topics and information, call Carol at (510) 915-6120.

ST. JOHN'S CHURCH COMMUNITY CENTER SENIOR CENTER

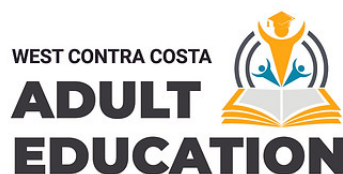
6500 Gladys Ave, El Cerrito

Tuesdays, 9:00a.m.-3:00p.m.

For information call (510)

EAST BAY SENIOR STROLLERS:

Email buddyakacic@gmail.com or call (925) 628-9325 to get details.



<https://www.wccadulthoodeducation.com/classes>

Volunteer members of the El Cerrito Committee on Aging have gathered these resources for public benefit. The views and opinions expressed by this newsletter and by the individual organizers and facilitators of the program in this newsletter do not necessarily reflect the official policy or position of the City of El Cerrito. Please consult your doctor before participating in physical activities and regarding any health information contained in this newsletter.

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER

FREE SERVICES

WHAT TO KNOW ABOUT MEDICARE 2023

**El Cerrito Community Center, 7007 Moeser Ln
Wednesday, October 26, 2022, 1p.m.-2p.m.**

It's time to review your Medicare coverage, even if you like your current plan, there may be better options available. HICAP Counselors will share options for 2023 and how to save money or get better coverage. Pre-registration required. Call (510) 559-7000, email recreation@ci.el-cerrito.ca.us or go online www.el-cerrito.ca.us/onlinereg (activity #355204-08).

FREE FLU SHOT CLINIC FOR KAISER PERMANENTE MEMBERS

**El Cerrito Royale, 6510 Gladys Ave
Wednesday, October 5, 2022, 1:30p.m.**

El Cerrito Royale partners with Kaiser Permanente to host Kaiser Members annual get vaccinated flu shot clinic. Available to Kaiser Permanent Members. Identification card and proof of Kaiser insurance required. To schedule an appointment call (510) 234-5200.

SENIOR PEER COUNSELING: Connect with fellow seniors trained to provide support with challenges such as depression, fear, loneliness, the loss of a loved one, health challenges or isolation.

Appointments are available at the Senior Center at Hana Gardens. Appointments require advance reservation. Contact Abraham Aviles-Scott, LMFT at (925) 521-5653 or email abran.aviles-scott@cchealth.org. Services are in English and Spanish.



HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP):

HICAP is the Health Insurance Counseling and Advocacy Program that provides free, unbiased education, counseling and advocacy about Medicare and related health insurance including long term care insurance. Confidential, one-on-one counseling is provided by trained volunteer counselors registered with the California Department of Aging. Appointments are available at

the El Cerrito Community Center. Call (925) 655-1393 or email ehsdhicap@ehsd.cccounty.us to schedule an appointment.

LIONS CENTER FOR THE VISUALLY IMPAIRED: BLIND AND LOW-VISION DISCUSSION GROUP:

Meetings available at the El Cerrito Community Center, 7007 Moeser Lane, El Cerrito, on the 1st Tuesday of each month from 1p.m.-2p.m.

Reservation required. For more information or to register, call (925) 432-3013.



COVID-19 Omicron Booster

Everyone should stay up to date on their COVID-19 vaccination by getting boosted when they are eligible. Boosters give critically important added protection against severe illness, hospitalization, and death from COVID-19.

The new FDA and CDC approved Omicron boosters contain an updated "bivalent" formula that boosts immunity against the original coronavirus strain and protects against the newer Omicron variants which are widely circulating in the community. COVID-19 boosters are critical to maintaining strong protection from severe illness from the virus. Getting a booster shot extends your protection. Schedule a booster appointment online at <https://covidvaccine.cchealth.org/CovidVaccine/> Or by calling CCH at 1(833) 829-2626. Walk-ins are accepted as available. Other options for getting the Omicron boosters include visiting a healthcare provider or local pharmacy.

Locally, the Richmond Auditorium is a county vaccination site and is located at 403 Civic Center Plaza in Richmond. Hours are Tuesday through Saturday from 8:00 am to 11:30a.m. and 12:30p.m. to 3:00p.m.

EL CERRITO COMMITTEE ON AGING OUTREACH NEWSLETTER



INFLUENZA (FLU) VACCINE 2022

Routine annual influenza (Flu) vaccination is recommended for all persons aged 6 months and older who do not have contraindications. Vaccination should ideally be administered during September or October. For more information visit <https://www.cdc.gov/flu/>.



ELECTION DAY

Don't forget election day is on Tuesday, November 8, 2022. Ballot includes city council seats, school board vacancies as well as state and federal measures. Remember, your vote counts! Voting can be done by mail, drop-off at designated locations or in person at the polling place in your neighborhood. For information: <https://voterstatus.sos.ca.gov/>

CENTENARIAN RECOGNITION:

If you know someone living in El Cerrito who is turning 100, let us know so we can honor them! Contact the City Clerk by email cityclerk@ci.el-cerrito.ca.us or call (510) 215-4305.

Volunteer members of the El Cerrito Committee on Aging have gathered these resources for public benefit. The views and opinions expressed by this newsletter and by the individual organizers and facilitators of the program in this newsletter do not necessarily reflect the official policy or position of the City of El Cerrito. Please consult your doctor before participating in physical activities and regarding any health information contained in this newsletter.



SENIOR CLIPPER CARD

Are you a senior age 65 or older? Do you use public transportation? Make sure you have a Senior Clipper Card! Seniors ages 65 and older are eligible for a white Senior Clipper Card which has lots of discounts!

Application can be found online:

<https://www.clippercard.com/ClipperWeb/discounts.html>. Mail completed application and proof of eligibility to: Clipper Youth/Senior Applications, PO Box 318, Concord, CA 94522, or you can apply in person at the Clipper Customer Service Center located at 1600 Franklin St, Oakland, Monday through Friday from 8a.m.-5p.m.

COMMUNITY DEVELOPMENT NEWS

The City of El Cerrito has a Community Development e-newsletter that helps keep you up to date with what is going on in the city. Go to <http://www.el-cerrito.org/128/Economic-Development> and scroll to the bottom of the page to sign up if you want to remain informed on what is happening in town.

HEARING AIDS

The U.S. Food and Drug Administration (FDA) issued a rule to improve access to hearing aids which may lower costs for millions of Americans. It is designed to assure the safety and effectiveness of over the counter (OTC) hearing aids, while fostering innovation and competition in the hearing aid technology marketplace. More information is available at: <https://www.fda.gov/news-events/press-announcements/fda-finalizes-historic-rule-enabling-access-over-counter-hearing-aids-millions-americans>.

<https://www.fda.gov/consumers/consumer-updates/hearing-aids-and-personal-sound-amplification-products-what-know>



FISCAL YEAR 2022-2023 WORK PLAN - **DRAFT**

AND 2021-2022 ACCOMPLISHMENTS

COMMITTEE ON AGING

Staff Liaison

Bridget Cooney | 510-559-7000
bcooney@ci.el-cerrito.ca.us

Chair Kenneth Epley, **Vice-Chair** Katherine Cesa

Members Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson,
Kim Marlia, Pamela Wagner, Bruce Yow

MISSION STATEMENT: The El Cerrito Committee on Aging was formed by City Council Resolution 3559 in June 1973 to advise the Council about the needs of older and/or disabled adult residents. The Committee on Aging addresses immediate concerns and issues concerning senior residents and adults with disabilities and addresses and supports the improvement of their quality of life. When appropriate, recommendations for action are made to the City Council.

The primary duties and purposes for which the Committee on Aging was established are as follows:

- To identify and establish regular communication with El Cerrito's older and/or disabled adults.
- To document needs of older and/or disabled adults living in El Cerrito and identify resources and benefits available from all agencies.
- To develop plans for programs that utilize the resource of talents among El Cerrito's older and/or disabled adults through volunteer opportunities to be recommended to the Council for inclusion in the General Plan and other plans and programs as may be developed.
- To review and evaluate existing and proposed programs within their responsibility and make recommendations to the Council on City action and funding.
- To serve as liaisons with other interested and concerned groups.

HISTORICAL BACKGROUND: The members of the Committee on Aging are appointed by the City Council upon recommendation by the Committee. Membership is open to all interested adult residents of El Cerrito. Anyone wishing to join the Committee must attend three meetings so that they may become familiar with the members and activities of the Committee before making their decision to join.

The Committee's regular meeting date is the Third Wednesday of the month. The meeting starts at 3:00 p.m. The Committee meets at the El Cerrito City Hall, Council Chambers, 10890 San Pablo Avenue. The public is invited to attend the meetings. The Chairperson and Vice-Chairperson are elected annually. The Committee on Aging typically does not meet in December.

Goals and Objectives

The Committee, with Council support, has established four long-term goals for which to advocate:

- Affordable housing options for older and disabled residents.
- Adequate space and facilities for, and the provision of, quality programs and services for seniors.

- Improved accessible public transportation and para-transit services for persons unable to use public transit facilities.
- Increased support services to assist frail older adults and their families both within and outside of their homes.

In pursuit of its goals, the Committee has the assistance of the Adult Programs and Services Supervisor. She/he will attend all Committee meetings and provide the Committee with current information on the status of programs and facilities available.

Together with Adult Programs and Services Supervisor, the Committee continuously evaluates the services being provided and makes suggestions and recommendations pertaining to such services.

FISCAL YEAR 2022-2023 WORK PLAN

Priority Ranking	Goal/Objective	Proposed Activities	Work Group Assignment	Timeline For Completion
1.	<p>(Communication/Outreach) Improve communication and outreach to older adults living in El Cerrito.</p> <ul style="list-style-type: none"> • Educate seniors in areas of health care and legislation affecting older adults. Share information gathered from reliable sources. • Improve communication of public transportation resources for older and/or disabled adults who are no longer able to drive themselves. • Identify and educate seniors in El Cerrito of free support services available to them. 	<p>A) Prepare, publish, and distribute a bi-monthly Committee on Aging Outreach Newsletter. Draft COA Outreach Newsletters will be reviewed by the committee and a motion passed prior to publication.</p> <p>B) Invite representatives from outside organizations to share information about their programs and/or services with the Committee and seniors in El Cerrito.</p>	Wagner Dr. Kwong Kehoe	<p>July: Review/motion for Aug/Sept distribution</p> <p>Sept: Review/motion for Oct/Nov distribution</p> <p>Nov: Review/motion Dec/Jan distribution</p> <p>Jan: Review/motion for Feb/Mar distribution</p> <p>Mar: Review/motion for Apr/May distribution</p> <p>May: Review/motion for Jun/July distribution</p>

2.	<p>(Adequate Space for Senior Programs & Services)</p> <p>Prepare a recommendation to City Council regarding unmet needs for senior programs and services within El Cerrito.</p>	<p>A. Create and distribute a survey to seniors living in El Cerrito asking what programs or services they are missing due to not having a dedicated senior center building in El Cerrito.</p> <p>B. Compile survey results, including the number of seniors surveyed, and prepare a recommendation to City Council regarding those results.</p>		
3.	<p>(Affordable Housing)</p> <p>Remain informed of affordable housing developments, initiatives, and opportunities for seniors in the area.</p>	<p>A. Invite Housing Analyst to speak to the Committee on Aging to provide update regarding Affordable Housing Projects in El Cerrito.</p> <p>B. Share applicable information about affordable housing projects with seniors in El Cerrito.</p>		

ONGOING WORKING GROUP PROJECTS

	Project	Activities	Work Group Assignments
1.	<p>(Liaison Assignments) Serve as Liaison to: Advisory Council on Aging</p> <p>West County Senior Coalition</p> <p>Senior Living Facilities in El Cerrito</p>	<p>A) Report back to the committee on topics of interest discussed at meetings.</p> <p>B) Report back to the committee on information regarding programs, services and activities involving senior living facilities in El Cerrito including, but not limited to Eskaton Hazel Shirley Manor, Hana Gardens and El Cerrito Royale.</p>	<p>Advisory Council on Aging (Kehoe, Lipson)</p> <p>West County Senior Coalition (Cesa, Kehoe)</p> <p>Senior Living Facilities in El Cerrito (James)</p>
2.	<p>(Technology for Seniors) Improve senior's knowledge of and access to technology to help seniors close the digital divide.</p>	<p>A) Identify and share information regarding existing resources and services available to seniors including free or low-cost internet access, free computer access, low-cost cell phone programs and technology tutoring.</p>	<p>Lipson</p>
3.	<p>(Accessibility/ADA) Identify and report accessibility issues preventing senior and/or disabled residents from safely accessing programs, services, parks, and buildings in the city.</p>	<p>A) Report accessibility issues or concerns within the city of El Cerrito to appropriate city departments.</p> <p>B) Advocate for improved accessibility for older and disabled adults in El Cerrito.</p>	<p>Kehoe</p>
4.	<p>(Centenarian Recognition) Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</p>	<p>Quarterly recognition process for Centenarians:</p> <ol style="list-style-type: none"> 1. COA will submit names, birth date, and contact information to staff liaison. 2. Staff liaison will give names to City Clerk who is responsible for maintaining an active list of Centenarians in El Cerrito. 3. COA verification of list provided by City Clerk (sent quarterly) 4. COA: Confirm physical address and that individual(s) are still with us (must currently reside in El Cerrito to qualify) and are willing to have names published in COA Outreach Newsletter. 5. Mayor: recognizes under Council Communications. Signed Certificates mailed to the address on file. 	<p>Kehoe Marlia</p>

		<p>Schedule as follows:</p> <p>1st Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates/recognition completed in April</p> <p>2nd Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates/recognition completed in July</p> <p>3rd Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates/recognition completed in October</p> <p>4th Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates/recognition completed in January</p>	
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PRIOR YEAR (2021-2022) ACCOMPLISHMENTS

	Goal/Objective	Activities Supporting Goal	Status
1.	<p>(Communication/Outreach)</p> <p>Improve communication and outreach to older adults living in El Cerrito.</p>	<p>A) Identify low-cost ways to distribute the 60+ Senior Bulletin to more residents in El Cerrito.</p> <p>B) Promote the Memorial Bench program. Share information regarding the program with senior centers, senior housing, individual residents, businesses and other clubs and organizations in El Cerrito.</p> <p>C) Prepare a list of local free and low-cost food distribution locations for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p> <p>D) Prepare a list of local free/low-cost programs, activities and events for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p> <p>E) Prepare and distribute a monthly Committee on Aging Newsletter with the intention of sharing resources and information about senior services, events and programs that aims to improve the health and well-being of seniors in El Cerrito.</p>	<p>September 2021 –information regarding in-person City programs sent out in the East Bay Sanitary quarterly statements.</p> <p>September 2021 - First Committee on Aging Outreach Newsletter published and distributed by COA members. Information in newsletter included food assistance programs, COVID boosters and in-person programs and activities for seniors.</p> <p>October 2021 – Second COA Outreach Newsletter published and distributed. Information included health updates and legislation, centenarian recognition program, in-person senior classes and activities, Health Insurance Counseling and Advocacy Program (HICAP) and Memorial Bench program.</p> <p>February 2022 -Third COA Outreach Newsletter published and distributed. Decided to move to a bi-monthly format for distribution.</p> <p>April 2022 – Fourth COA Outreach Newsletter published and distributed. Published newsletter added to Recreation Department website. Newsletter replaced what was formerly called “Senior Snippets”.</p> <p>February 2022 – Memorial Bench installed at Canyon Trail Park for Aaron Morris Kamil and second Memorial Bench order placed for Kimi Honda.</p>

<p>(Public Transportation Infrastructure Improvement Recommendations)</p> <p>Prepare a recommendation to City Council to:</p> <p>Install bus benches at stops #55117 northbound and #55506 southbound San Pablo Ave at Potrero Ave.</p> <p>Install weather shelter at stop #55594 southbound San Pablo Ave at Potrero Ave.</p>	<p>Identify AC Transit bus stops in the city without benches or weather shelters that would benefit from having benches/shelter installed.</p> <p>Prepare a recommendation to give to Council for weather shelter and bench installation at identified bus stops. Put on the agenda discussion and possible action (motion to recommend to City Council).</p>	<p>10/20/21 - COA passed a motion to submit a recommendation to City council to install a weather shelter at AC Transit stop #55594, southbound and bus benches at AC Transit stops #55117northbound and #54406 southbound.</p> <p>11/3/21 - Recommendation was sent to Council and was included in the City Council agenda packet for the 11/16/21 council meeting.</p> <p>No action taken by Council.</p>
<p>(Newspaper rack removal)</p> <p>Prepare a recommendation to City Council to remove unused newspaper racks in El Cerrito on San Pablo Ave.</p>	<p>Identify unused or damaged newspaper racks on San Pablo Ave.</p> <p>Prepare a recommendation to give to Council for removal of identified unused newspaper racks. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</p>	<p>10/20/21 COA passed a motion to submit a recommendation to Council to remove unused and unsightly newspaper racks located on San Pablo Ave.</p> <p>Identified newspaper racks located on San Pablo Ave in front of City Hall and on San Pablo Ave in front of the Post Office.</p> <p>11/3/21 Recommendation sent to Council and included in the Council agenda packet for the 11/16/21 council meeting.</p> <p>Recommendation accepted by Council.</p> <p>March 2022 – Chair Epley reported that newspaper racks had been removed.</p>
<p>(Centenarian Recognition)</p> <p>Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</p>	<p>A) Identify El Cerrito Residents turning 100-years old or older (Reach out to senior housing, senior centers and neighborhood groups including posting notices on City website and social media to identify residents turning 100-years old or older).</p> <p>B) Contact nominated residents and/or person nominating the resident to gather</p>	<p>May-June 2021 Prepared a recommendation to give to Council for Centenarian Recognition. Put recommendation on agenda for discussion and action (motion to recommend to Council).</p> <p>July 2021 - Submitted recommendation to Council</p>

		<p>background information and interesting life events (including how long they have lived in El Cerrito/what brought them to El Cerrito).</p> <p>C) Submit names, birth date, and contact information to staff liaison. Staff liaison will work with City Clerk and City Council for recognition certificate(s).</p> <p>D) Prepare a recommendation to give to Council for Centenarian Recognition at a city council meeting. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</p>	<p>August 2021 - recommendation accepted by Council. Centenarian Recognition moved to on-going working group assignment and process for recognition established.</p> <p>Quarterly recognition process for Centenarians:</p> <ul style="list-style-type: none"> • COA verification of list provided by City Clerk (send quarterly) • COA confirm physical address and that individual(s) are still with us • Mayor announces/recognizes under Council Communications • City Clerk/Mayor: Signed Certificates mailed to the address on file. <p>Schedule as follows:</p> <p>1st Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates and announcements completed in April</p> <p>2nd Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates and announcements completed in July</p> <p>3rd Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates and announcements completed in October</p> <p>4th Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates and announcements completed in January</p>
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