



## AGENDA

### REGULAR MEETING OF THE COMMITTEE ON AGING

WEDNESDAY, JUNE 21, 2023, at 3p.m.

**Staff Liaison**  
Bridget Cooney | (510) 559-7008  
bcooney@ci.el-cerrito.ca.us

City of El Cerrito Council Chambers  
10890 San Pablo Ave  
El Cerrito, CA 94530

**This Meeting Place is Wheelchair Accessible**

---

#### 3:00 p.m. CONVENE REGULAR MEETING

1. **ROLL CALL** – Chair Katherine Cesa; Vice-Chair Dr. Pansy Kwong; Members Buddy Akacic, Kenneth Epley, Janet James, Carol Kehoe, Steve Lipson, Kim Marlia, Pamela Wagner, Bruce Yow
2. **ORAL COMMUNICATIONS FROM THE PUBLIC**  
*Remarks are typically limited to three minutes per person and may be on anything within the subject matter jurisdiction of the body. Remarks on non-agenda items will be heard first, as well as introduction by individuals interested in serving on the advisory body. Remarks on agenda items will be heard at the time the item is discussed.*
3. **COMMITTEE MEMBER ANNOUNCEMENTS**  
*Remarks are typically limited to three minutes per person and are informal announcements on matters of general interest which are announced by Committee on Aging Members.*
4. **COUNCIL/STAFF LIAISON ANNOUNCEMENTS AND REPORTS**  
*Councilmember and/or Staff may report on matters of general interest to the Committee on Aging, Council policies, priorities and significant action taken by City Council.*
5. **COMMITTEE ON AGING LIAISON REPORTS**  
*Liaisons for the Advisory Council on Aging, West County Senior Coalition and Senior Living Facilities in El Cerrito, report on matters of interest to the Committee on Aging. Reports are limited to three minutes per group.*
6. **APPROVAL OF THE MINUTES**  
*Pass a motion to adopt the minutes from the Committee on Aging meeting on May 17, 2023.*
7. **WORK PLAN REPORTS**  
*Reports are limited to three minutes per working group and may be on items related to the Work Plan Goals and Working Group Assignments.*
  - *Update on quarter two Centenarian Recognition.*

- *Review draft Committee on Aging Outreach Newsletter July/August/September edition for editing and possible motion to approve for distribution.*
- *Discussion and possible action to share recommendations to the City Council based on the results of the informal Committee on Aging Survey.*

**8. WORK PLAN DISCUSSION AND POSSIBLE ACTION**

*Discussion and possible motion to adopt the Committee on Aging Work Plan 2022-23 accomplishments and 2023-24 goals.*

- *Discussion and possible motion to adopt the Committee on Aging 2022-23 Work Plan accomplishments and goals for 2023-24.*

**9. FUTURE AGENDA ITEMS**

- Next Meeting: July 19, 2023, at 3:00p.m. in the Council Chambers
- Adopt Annual Meeting Calendar 2024 (Nov 2023)

**10. ADJOURNMENT**

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Staff Liaison, (510) 559-7008. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title I).

Any writings or documents provided to a majority of the members regarding any item on this agenda will be made available for public inspection at City Hall, 10890 San Pablo Ave during normal business hours.



## **AGENDA MATERIALS**

### **REGULAR COMMITTEE ON AGING MEETING WEDNESDAY, June 21, 2023, at 3:00p.m.**

#### **AGENDA ITEM 6 – APPROVAL OF MINUTES**

1. Draft Meeting Minutes – May 17, 2023

#### **AGENDA ITEM 7 – WORK PLAN REPORTS**

1. Draft Committee on Aging Outreach Newsletter July/August/September edition
2. Draft Recommendation to the City Council regarding Committee on Aging Informational Survey results

#### **AGENDA ITEM 8– WORK PLAN 2022-23**

3. Committee on Aging Work Plan 2022-23



**Recreation Department**

**Staff Liaison**

Bridget Cooney

(510) 559-7000

bcooney@ci.el-cerrito.ca.us

**MINUTES - DRAFT**  
**SPECIAL MEETING OF THE**  
**COMMITTEE ON AGING**

**Wednesday, May 17, 2023, at 3:00 p.m.**

VIA TELECONFERENCE

---

**CONVENE REGULAR MEETING** Chair Cesa called the meeting to order at 3:03 p.m.

**1. ROLL CALL**

**Present:** Chair Katherine Cesa, Vice Chair Dr. Pansy Kwong; Members: Carol Kehoe, Kenneth Epley, Steve Lipson, Bruce Yow

**Absent:** Buddy Akacic, Janet James, Kim Marlia, Pamela Wagner

**Also Present:** Bridget Cooney, Staff Liaison and Paul Fadelli, City Council Liaison

**Members from the Public:** Mark Watson

**2. ORAL COMMUNICATIONS FROM THE PUBLIC**

*Public Comment not on the agenda received from Cordell Hindler included in the supplemental materials.*

*Mark Watson introduced himself as an interested resident attending his second Committee on Aging meeting.*

**3. COMMITTEE MEMBER ANNOUNCEMENTS**

*None*

**4. COUNCIL/STAFF LIAISONS ANNOUNCEMENTS AND REPORTS**

*Staff Liaison Cooney reported that the Recreation Department is planning and fundraising for the 4<sup>th</sup> of July Festival.*

*Staff Liaison Cooney reported six-eight seniors participated in the Alzheimer's Association Presentations that were held at the Community Center on May 3rd, 10th, and 17<sup>th</sup>.*

*Staff Liaison Cooney reported that the Recreation Department is planning fall programs and services including a resource fair for seniors.*

*Council Liaison Fadelli provided an update on the City's budget, budget workshop and Community survey results. Equity and inclusion are priorities for the city.*

*Council Liaison Fadelli reported that he serves on the West Contra Costa Transportation Advisory Committee (WCCTAC) Board.*

*Council Liaison Fadelli encouraged committee members to take the AC Transit survey.*

*Council Liaison Fadelli clarified the difference between a Strategic Plan and a Master Plan.*

*Council Liaison has office hours on the first Monday of every month except for June. Council Liaison Fadelli requested that interested attendees email him in advance.*

**5. COMMITTEE ON AGING LIAISON REPORTS**

*Member Kehoe reported attendance at the West County Senior Coalition meeting in*

*April. Member Kehoe reported on a presentation given by West Contra Costa Transportation Advisory Committee (WCCTAC).*

*Member Kehoe and Member Lipson reported attendance at the Advisory Council on Aging (ACOA) meeting on May 17, 2023. Member Lipson reported that due to Brown Act requirements, the ACOA was unable to make quorum for the May 17, 2023, meeting.*

*Member Kehoe reported on presentations by Adult and Aging Services for Contra Costa County and by Choice in Aging.*

*Member Lipson provided an update on current technology grants for seniors in Contra Costa County.*

*Member Lipson provided an update on proposed legislation to modify the Brown Act requirements for county and state advisory boards and committees.*

**6. APPROVAL OF THE MINUTES**

**Moved/Second:** *Member Epley Moved/Vice Chair Dr. Kwong Second*

**Action:** *Adopted the minutes from the Committee on Aging meeting held on April 19, 2023.*

**Ayes:** *Chair Cesa, Vice Chair Dr. Kwong, Member Epley, Member Kehoe, Member Lipson, Member Yow*

**Nos:** *None*

**Abstention:** *None*

**7. DISCUSSION AND POSSIBLE ACTION TO UPDATE THE 2023 COMMITTEE ON AGING MEETING CALENDAR**

**Moved/Second:** *Member Epley Moved/Member Lipson Second*

**Action:** *Adopted the motion to cancel Committee on Aging meetings in August.*

**Ayes:** *Chair Cesa, Vice Chair Dr. Kwong, Member Epley, Member Kehoe, Member Lipson, Member Yow*

**Nos:** *None*

**Abstention:** *No*

**8. WORK PLAN REPORTS**

- *Committee members reviewed the 2022-23 Committee on Aging Work Plan and began discussion of accomplishments. Discussion of 2022-23 accomplishments to be continued at the June 21, 2023, meeting.*
- *Committee members discussed ways to share the results from the Committee on Aging survey with the City Council. Chair Cesa agreed to prepare a letter to the City Council with recommendations based on the survey results. Discussion and possible motion to approve sending the letter to the City Council will be put on the June 21, 2023, meeting agenda for discussion and possible action.*

**9. FUTURE AGENDA ITEMS**

- *Next Meeting: June 21, 2023, at 3:00 p.m. in the Council Chambers*
- *Discussion and possible action to approve submitting a letter of recommendation to the City Council based on results from the Committee on Aging Informal Survey (June 2023)*
- *Continued Discussion of Work Plan 2022-23 Accomplishments and 2023-24 Goal Setting (June 2023)*

- Adopt Annual Committee on Aging Meeting Calendar 2023 (November)

**10. ADJOURNMENT**

Chair Cesa adjourned the meeting at 4:32 p.m.

This is to certify that the foregoing is a true and correct copy of the minutes of the Special Committee on Aging meeting of May 17, 2023, as approved by the Committee on Aging.

\_\_\_\_\_  
Katherine Cesa, Vice Chair

\_\_\_\_\_  
Bridget Cooney, Staff Liaison

**FDA Approves First Respiratory Syncytial Virus (RSV) vaccine.**

Reference: <https://www.fda.gov/news-events/press-announcements/fda-approves-first-respiratory-syncytial-virus-rsv-vaccine>

THE FDA approved Arexvy, the first respiratory syncytial virus vaccine in the USA. It was approved for use by people 60 years and older. Studies showed that the most common side effects were pain at the site of injection, fatigue, muscle pain, headache, and joint discomfort. Atrial fibrillation and other rare side effects occurred in a few patients. The FDA is requiring the manufacturer to conduct further studies after the release of the vaccine to assure safety.

**End of COVID Public Emergency**

Reference: Washington Post, May 4, 2023

<https://www.washingtonpost.com/health/2023/05/04/covid-public-health-emergency-end/>

The Biden administration ended the public health emergency for the COVID pandemic on May 11, 2023. This will affect the cost of at-home tests as well as tests ordered by medical providers. Medicare will no longer provide free tests. The cost for at-home tests will be determined by your insurance provider. Vaccines will still be available for free for those without insurance so long as the federally purchased vaccine supply lasts. After that, it is believed that most insurance will continue to provide them to members free of charge. For the uninsured, the federal government will provide at-home tests free through December 2024.

**California Defers to a patient's next kin on Medical Decisions**

Reference: San Francisco Chronicle, February 25, 2023 & California Healthline, February 16, 2023 <https://californiahealthline.org/news/article/california-requires-hospitals-consult-next-of-kin/>

AB2338 is an addition to the probate code for California to assist patients who have not completed an advanced directive or designated a power of attorney for healthcare. Since only a third of U.S. adults have an advanced directive or a medical power of attorney, this law is meant to empower representatives such as family members or friends to make medical decisions rather than allow a hospital to make medical decisions.

This next-of-kin law allows a hospital and care providers the discretion to decide which family member or close friend can make medical decisions if the patient is incapacitated and has not designated a power of attorney for health care. The hospital does have the discretion to choose, but typically, the person chosen is close to the patient and likely to be at the bedside.

Seniors are all encouraged to make out advance directives or designate a power of attorney for healthcare to assure that your wishes will be carried out.

**National Night Out:**

National Night Out on Tuesday, August 1, 2023, is our chance to celebrate community by welcoming new neighbors, reconnecting with friends, and fostering relationships with local police and first responders. Register to host a block party for your neighbors. More information is available online at [www.el-cerrito.org/National-Night-Out](http://www.el-cerrito.org/National-Night-Out).

**EL CERRITO SENIOR PROGRAMS**

**CHRIST LUTHERAN SENIOR CENTER**

780 Ashbury Ave, El Cerrito

**Mondays, 9am-3pm**

Christ Lutheran Senior Center is open to anyone 55 years or older. Activities include language classes, ukulele, exercise classes, presentations, lunch and more. **FREE presentations on Mondays\* (\*no presentations on holidays) at 11:30 a.m.** Presentations might be a local agency sharing information or individuals discussing topics of interest to seniors. ***For upcoming presentation topics and more information about the programs, call Carol Kehoe, program Coordinator at (510) 915-6120.***

**Upcoming Presentations:**

**July 18<sup>th</sup>:** Fiduciary

**July 31<sup>st</sup>:** Read Aloud

**ST. JOHN'S SENIOR CENTER**

6500 Gladys Ave, El Cerrito

**Tuesdays, 9am-3pm**

St. John's Senior Center program is open to anyone over 55 years old. Activities include crafts, exercise, living skills for older adults, scheduled speakers, and lunch.

**SAKURA KAI: Senior Classes for Japanese Speaking Adults**

5625 Sutter Ave, Richmond (Alvarado Adult School Campus)

**1<sup>st</sup> & 3<sup>rd</sup> Saturday of each month from 10am-3pm.**

Classes offered include ceramics, exercise, computer classes, calligraphy, Taiko classes and more. Contact Yasuyo Floyd, program Coordinator at (510) 523-2316.

**CITY OF EL CERRITO RECREATION DEPARTMENT SENIOR PROGRAMS & SERVICES**

7007 Moeser Lane, El Cerrito

Art, Fitness & Enrichment classes, Day Trips, FREE monthly senior presentations, HICAP Counseling, Senior Peer Counseling, Lions Club Blind & Low-Vision Support Group, Easy Ride Senior & Disabled Paratransit Service, and Café Costa Senior Lunch Program are held at the El Cerrito Community Center, 7007 Moeser Lane. Check out the online rEC Guide at [www.el-cerrito.org/recreation](http://www.el-cerrito.org/recreation) for a full list activities or call (510) 559-7000 or email [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us) for more information.



Date: May 31, 2023

To: Mayor Lisa Motoyama

CC: City Clerk, Holly Charley, Staff Liaison, Bridget Cooney, Council Liaison Paul Fadelli

From: Chair Katherine Cesa, City of El Cerrito Committee on Aging

Re: Recommendation to City Council **DRAFT**

The El Cerrito Committee on Aging (COA) conducted a survey of seniors living in El Cerrito from December 2022 to February 2023. Ninety-one seniors participated in the survey with the average age of survey participant being 74.5 years old. Of the 91 seniors surveyed, all but one responded that senior programs and services were essential for improved quality of life. 73% thought a dedicated Senior Center building was important. Of the seniors surveyed, 63% indicated that they were most interested in exercise, fitness, and enrichment classes while only 40% indicated that they were most interested in informational presentations, lunch, or transportation services.

The COA therefore recommends that the City Council support the Recreation Department in providing low-cost programs that provide opportunities for seniors to be physically active, socially engaged, and well-informed. The COA encourages the City Council to show a commitment to senior programming by limiting the displacement of daytime senior classes held at the Community Center during the summertime to offer youth summer camps.

Additionally, the COA asks that the City Council show support for the Recreation Department by encouraging the expansion of the senior lunch program from operating only two days per week to operating a minimum of 4 days per week whenever possible.

Furthermore, the Committee on Aging recommends that the City Council continue to explore options for identifying a location and funding for a Senior Center in El Cerrito where Seniors can “drop-in” for social engagement, exercise classes, or attend programs, with easy access and at a reasonable cost.



# FISCAL YEAR 2022-2023 WORK PLAN AND 2021-2022 ACCOMPLISHMENTS

## COMMITTEE ON AGING

### Staff Liaison

Bridget Cooney | 510-559-7000  
bcooney@ci.el-cerrito.ca.us

**Chair** Kenneth Epley, **Vice-Chair** Katherine Cesa

**Members** Buddy Akacic, Janet James, Carol Kehoe, Dr. Pansy Kwong, Steve Lipson,  
Kim Marlia, Pamela Wagner, Bruce Yow

---

**MISSION STATEMENT:** The El Cerrito Committee on Aging was formed by City Council Resolution 3559 in June 1973 to advise the Council about the needs of older and/or disabled adult residents. The Committee on Aging addresses immediate concerns and issues concerning senior residents and adults with disabilities and addresses and supports the improvement of their quality of life. When appropriate, recommendations for action are made to the City Council.

The primary duties and purposes for which the Committee on Aging was established are as follows:

- To identify and establish regular communication with El Cerrito's older and/or disabled adults.
- To document needs of older and/or disabled adults living in El Cerrito and identify resources and benefits available from all agencies.
- To develop plans for programs that utilize the resource of talents among El Cerrito's older and/or disabled adults through volunteer opportunities to be recommended to the Council for inclusion in the General Plan and other plans and programs as may be developed.
- To review and evaluate existing and proposed programs within their responsibility and make recommendations to the Council on City action and funding.
- To serve as liaisons with other interested and concerned groups.

**HISTORICAL BACKGROUND:** The members of the Committee on Aging are appointed by the City Council upon recommendation by the Committee. Membership is open to all interested adult residents of El Cerrito. Anyone wishing to join the Committee must attend three meetings so that they may become familiar with the members and activities of the Committee before making their decision to join.

The Committee's regular meeting date is the Third Wednesday of the month. The meeting starts at 3:00 p.m. The Committee meets at the El Cerrito City Hall, Council Chambers, 10890 San Pablo Avenue. The public is invited to attend the meetings. The Chairperson and Vice-Chairperson are elected annually. The Committee on Aging typically does not meet in December.

### Goals and Objectives

The Committee, with Council support, has established four long-term goals for which to advocate:

- Affordable housing options for older and disabled residents.
- Adequate space and facilities for, and the provision of, quality programs and services for seniors.

- Improved accessible public transportation and para-transit services for persons unable to use public transit facilities.
- Increased support services to assist frail older adults and their families both within and outside of their homes.

In pursuit of its goals, the Committee has the assistance of the Adult Programs and Services Supervisor. She/he will attend all Committee meetings and provide the Committee with current information on the status of programs and facilities available.

Together with Adult Programs and Services Supervisor, the Committee continuously evaluates the services being provided and makes suggestions and recommendations pertaining to such services.

### FISCAL YEAR 2022-2023 WORK PLAN

Priority Ranking	Goal/Objective	Proposed Activities	Work Group Assignment	Timeline For Completion
1.	<p><b>(Communication/Outreach)</b> Improve communication and outreach to older adults living in El Cerrito.</p> <ul style="list-style-type: none"> <li>• Educate seniors in areas of health care and legislation affecting older adults. Share information gathered from reliable sources.</li> <li>• Improve communication of public transportation resources for older and/or disabled adults who are no longer able to drive themselves.</li> <li>• Identify and educate seniors in El Cerrito of free support services available to them.</li> </ul>	<p>A) Prepare, publish, and distribute a bi-monthly Committee on Aging Outreach Newsletter. Draft COA Outreach Newsletters will be reviewed by the committee and a motion passed prior to publication.</p> <p>B) Invite representatives from outside organizations to share information about their programs and/or services with the Committee and seniors in El Cerrito.</p>	Wagner Dr. Kwong Kehoe	<p>July: Review/motion for Aug/Sept distribution</p> <p>Sept: Review/motion for Oct/Nov distribution</p> <p>Nov: Review/motion Dec/Jan distribution</p> <p>Jan: Review/motion for Feb/Mar distribution</p> <p>Mar: Review/motion for Apr/May distribution</p> <p>May: Review/motion for Jun/July distribution</p> <p><i>June 2023: Successfully published and distributed four COA Outreach Newsletters (Oct/Nov22; Dec22/Jan23; Feb/Mar23; Apr-Jun23) and anticipate publishing and distributing 2-3 additional newsletters by the end of Dec2023.</i></p>

2.	<p><b>(Adequate Space for Senior Programs &amp; Services)</b></p> <p>Prepare a recommendation to City Council regarding unmet needs for senior programs and services within El Cerrito.</p>	<p>A. Prepare survey questions to ask seniors living in El Cerrito.</p> <p>B. Survey available seniors living in El Cerrito, asking what programs they would like to see offered and what services they need in El Cerrito.</p> <p>C. Compile survey results, including the number of seniors surveyed.</p> <p>D. Prepare a recommendation to City Council regarding those results.</p>	Akacic Kehoe Yow	<p><i>Dec22-Feb23: Successfully created, distributed, and collected an informal survey for seniors living in El Cerrito. Residents.</i></p> <p><i>Apr-May23: Shared results of survey with Committee on Aging members.</i></p> <p><i>June23: Put item on June 21, 2023 agenda for discussion and possible action to send a recommendation to the City Council.</i></p>
3.	<p><b>(Affordable Housing)</b></p> <p>Invite Housing Analyst to provide an update on Affordable Housing Projects in El Cerrito annually.</p>	<p>A. Share information about affordable housing projects/programs with seniors in El Cerrito through the COA outreach newsletter.</p>	Dr. Kwong Wagner	

### ONGOING WORKING GROUP PROJECTS

	Project	Activities	Work Group Assignments
1.	<p><b>(Liaison Assignments)</b>            Serve as Liaison to:            Advisory Council on Aging             West County Senior Coalition             Senior Living Facilities in El Cerrito</p>	<p>A) Report back to the committee on topics of interest discussed at meetings.             B) Report back to the committee on information regarding programs, services and activities involving senior living facilities in El Cerrito including, but not limited to Eskaton Hazel Shirley Manor, Hana Gardens and El Cerrito Royale.</p>	<p>Advisory Council on Aging (Kehoe, Lipson)             West County Senior Coalition (Cesa, Kehoe)             Senior Living Facilities in El Cerrito (James)</p>
2.	<p><b>(Technology for Seniors)</b>            Improve senior's knowledge of and access to technology to help seniors close the digital divide.</p>	<p>A) Identify and share information regarding existing resources and services available to seniors including free or low-cost internet access, free computer access, low-cost cell phone programs and technology tutoring.</p>	<p>Lipson</p>
3.	<p><b>(Accessibility/ADA)</b>            Identify and report accessibility issues preventing senior and/or disabled residents from safely accessing programs, services, parks, and buildings in the city.</p>	<p>A) Report accessibility issues or concerns within the city of El Cerrito to appropriate city departments.             B) Advocate for improved accessibility for older and disabled adults in El Cerrito.</p>	<p>Kehoe</p>
4.	<p><b>(Centenarian Recognition)</b>            Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</p>	<p>Quarterly recognition process for Centenarians:</p> <ol style="list-style-type: none"> <li>1. COA will submit names, birth date, and contact information to staff liaison.</li> <li>2. Staff liaison will give names to City Clerk who is responsible for maintaining an active list of Centenarians in El Cerrito.</li> <li>3. COA verification of list provided by City Clerk (sent quarterly)</li> <li>4. COA: Confirm physical address and that individual(s) are still currently residing in El Cerrito and are willing to have names published in COA Outreach Newsletter.</li> </ol>	<p>Kehoe            Marlia</p> <p><i>Quarter 1 2022: Successfully recognized 4 centenarians</i></p> <p><i>Quarter 2 2022: Successfully recognized 4 centenarians</i></p> <p><i>Quarter 3 2022: Successfully recognized 2 centenarians</i></p>

		<p>5. Mayor: recognizes under Council Communications. Signed Certificates mailed to the address on file.</p> <p><b>Schedule as follows:</b></p> <p>1<sup>st</sup> Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates/recognition completed in <b>April</b></p> <p>2<sup>nd</sup> Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates/recognition completed in <b>July</b></p> <p>3<sup>rd</sup> Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates/recognition completed in <b>October</b></p> <p>4<sup>th</sup> Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates/recognition completed in <b>January</b></p>	<p><i>Quarter 4 2022: Successfully recognized 5 centenarians</i></p> <p><i>Quarter 1 2023: Successfully recognized 1 centenarian</i></p> <p><i>Quarter 2 2023: Successfully recognized 3 centenarians</i></p> <p><i>Quarter 3 2023:</i></p> <p><i>Quarter 4:</i></p>
--	--	--	--

## PRIOR YEAR (2021-2022) ACCOMPLISHMENTS

	Goal/Objective	Activities Supporting Goal	Status
1.	<p>(Communication/Outreach)</p> <p>Improve communication and outreach to older adults living in El Cerrito.</p>	<p>A) Identify low-cost ways to distribute the 60+ Senior Bulletin to more residents in El Cerrito.</p> <p>B) Promote the Memorial Bench program. Share information regarding the program with senior centers, senior housing, individual residents, businesses and other clubs and organizations in El Cerrito.</p> <p>C) Prepare a list of local free and low-cost food distribution locations for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p>	<p>September 2021 –information regarding in-person City programs sent out in the East Bay Sanitary quarterly statements.</p> <p>September 2021 - First Committee on Aging Outreach Newsletter published and distributed by COA members. Information in newsletter included food assistance programs, COVID boosters and in-person programs and activities for seniors.</p> <p>October 2021 – Second COA Outreach Newsletter published and distributed. Information included health updates and legislation, centenarian recognition program,</p>

		<p>D) Prepare a list of local free/low-cost programs, activities and events for seniors and share resource list with senior centers, senior housing, the library, and senior residents.</p> <p>E) Prepare and distribute a monthly Committee on Aging Newsletter with the intention of sharing resources and information about senior services, events and programs that aims to improve the health and well-being of seniors in El Cerrito.</p>	<p>in-person senior classes and activities, Health Insurance Counseling and Advocacy Program (HICAP) and Memorial Bench program.</p> <p>February 2022 -Third COA Outreach Newsletter published and distributed. Decided to move to a bi-monthly format for distribution.</p> <p>April 2022 – Fourth COA Outreach Newsletter published and distributed. Published newsletter added to Recreation Department website. Newsletter replaced what was formerly called “Senior Snippets”.</p> <p>February 2022 – Memorial Bench installed at Canyon Trail Park for Aaron Morris Kamil and second Memorial Bench order placed for Kimi Honda.</p>
	<p>(Public Transportation Infrastructure Improvement Recommendations)</p> <p>Prepare a recommendation to City Council to:</p> <p>Install bus benches at stops #55117 northbound and #55506 southbound San Pablo Ave at Potrero Ave.</p> <p>Install weather shelter at stop #55594 southbound San Pablo Ave at Potrero Ave.</p>	<p>Identify AC Transit bus stops in the city without benches or weather shelters that would benefit from having benches/shelter installed.</p> <p>Prepare a recommendation to give to Council for weather shelter and bench installation at identified bus stops. Put on the agenda discussion and possible action (motion to recommend to City Council).</p>	<p>10/20/21 - COA passed a motion to submit a recommendation to City council to install a weather shelter at AC Transit stop #55594, southbound and bus benches at AC Transit stops #55117northbound and #54406 southbound.</p> <p>11/3/21 - Recommendation was sent to Council and was included in the City Council agenda packet for the 11/16/21 council meeting.</p> <p>No action taken by Council.</p>
	<p>(Newspaper rack removal)</p> <p>Prepare a recommendation to City Council to remove unused newspaper racks in El Cerrito on San Pablo Ave.</p>	<p>Identify unused or damaged newspaper racks on San Pablo Ave.</p> <p>Prepare a recommendation to give to Council for removal of identified unused newspaper racks. Put recommendation on agenda for discussion</p>	<p>10/20/21 COA passed a motion to submit a recommendation to Council to remove unused and unsightly newspaper racks located on San Pablo Ave.</p>



		and action (motion to recommend to City Council).	<p>Identified newspaper racks located on San Pablo Ave in front of City Hall and on San Pablo Ave in front of the Post Office.</p> <p>11/3/21 Recommendation sent to Council and included in the Council agenda packet for the 11/16/21 council meeting.</p> <p>Recommendation accepted by Council.</p> <p>March 2022 – Chair Epley reported that newspaper racks had been removed.</p>
	<p>(Centenarian Recognition)</p> <p>Recognize residents turning 100-years old or older through the Mayoral Certificate of Recognition program.</p>	<p>A) Identify El Cerrito Residents turning 100-years old or older (Reach out to senior housing, senior centers and neighborhood groups including posting notices on City website and social media to identify residents turning 100-years old or older).</p> <p>B) Contact nominated residents and/or person nominating the resident to gather background information and interesting life events (including how long they have lived in El Cerrito/what brought them to El Cerrito).</p> <p>C) Submit names, birth date, and contact information to staff liaison. Staff liaison will work with City Clerk and City Council for recognition certificate(s).</p> <p>D) Prepare a recommendation to give to Council for Centenarian Recognition at a city council meeting. Put recommendation on agenda for discussion and action (motion to recommend to City Council).</p>	<p><b>May-June 2021</b> Prepared a recommendation to give to Council for Centenarian Recognition. Put recommendation on agenda for discussion and action (motion to recommend to Council).</p> <p><b>July 2021</b> - Submitted recommendation to Council</p> <p><b>August 2021</b> - recommendation accepted by Council. Centenarian Recognition moved to on-going working group assignment and process for recognition established.</p> <p><b>Quarterly recognition process for Centenarians:</b></p> <ul style="list-style-type: none"> <li>• COA verification of list provided by City Clerk (send quarterly)</li> <li>• COA confirm physical address and that individual(s) are still with us</li> <li>• Mayor announces/recognizes under Council Communications</li> <li>• City Clerk/Mayor: Signed Certificates mailed to the address on file.</li> </ul> <p><b>Schedule as follows:</b></p>



			<p>1<sup>st</sup> Quarter (Jan-Mar) COA verification requested 3/1, due by 3/31 Certificates and announcements completed in <b>April</b></p> <p>2<sup>nd</sup> Quarter (Apr-Jun) COA verification requested 6/1, due by 6/30 Certificates and announcements completed in <b>July</b></p> <p>3<sup>rd</sup> Quarter (July-Sept) COA verification requested 9/1, due by 9/30 Certificates and announcements completed in <b>October</b></p> <p>4<sup>th</sup> Quarter (Oct-Dec) COA verification requested 12/1, due by 12/31 Certificates and announcements completed in <b>January</b></p>
--	--	--	--