



MINUTES

REGULAR MEETING OF THE COMMITTEE ON AGING

Wednesday, October 19, 2011 3:00 P.M.

Council Chambers, City Hall
10890 San Pablo Avenue
El Cerrito, CA 94530

This Meeting Place Is Wheelchair Accessible

Roll Call

Present: Elizabeth Carty, Shirley Cressey, Lillian Daniels, Mark Guthrie, Janet James, Pansy Kwong, Callie Major, and Willa Sudduth

Excused: Kimi Honda

Council Liaison: Janet Abelson

Guests: Kim Marlia, Joanna Selby, and Vera Winston

Meeting called to order at 3:10 P.M.

1. Approval of Minutes

Correction to Agenda Item No. 4. Old Business, A. Letter of Support on SB 810 to read...Motion passed with one abstention to submit a letter of support on SB 810 to the El Cerrito City Council.

Motion to approve the meeting minutes of September 21, 2011. **Action:** Moved, seconded (Major/Cressey) and carried unanimously to approve the minutes with correction.

2. Public Comment

Ms. Sudduth reported attending the California Women Suffrage Centennial Event, a 2-day event in Sacramento from Sunday, October 9 through Monday, October 10, to celebrate the centennial of California women winning the right to vote.

Mr. Guthrie announced that CVS Pharmacy and Lucky's are providing flu shots for seniors; most cost is covered by Medicare or other insurance.

3. Program

Ms. Kwong provided a presentation on Osteoporosis and Stroke Prevention. Discussion followed on types of strokes, multiple risk factors, lifestyle adjustments, medication side effects, and preventions.

4. Reports

A. **Council Liaison Report.** No report.

B. **Senior Center Update.** No report.

C. Housing Subcommittee

Ms. Paasch invited members to the Senior Housing Community Meeting & Workshop on Monday, November 14, 11AM-12PM at the Open House Senior Center to discuss a proposal by Eden Housing to build new affordable senior housing at 10848-10860 San Pablo Avenue (just south of City Hall between Manila and Schmidt).

Ms. James invited members to the Multicultural Fashion Show on Friday, October, 21, 2011, 2PM, at the Eskaton Hazel Shirley Manor.

D. Transportation Sub-Committee

Ms. Cressey reported AC Transit decided to have PA systems to announce approaching bus stops and landmarks on the bus. In addition, AC Transit is training bus drivers to secure passengers on wheelchair.

E. Legislative (State & Federal). No report.

F. Area Agency on Aging Advisory Council

G. West County Coalition

Ms. Cressey reported West County Coalition supports SB 810, *California Universal Health Care Act*. She announced that help is available for seniors deciding on Medicare and Part D Choices at the Richmond Public Library on Tuesday, November 22, 2011, 9AM-11AM.

H. Health Care Sub-Committee

Ms. Kwong reported the Centers of Disease Control and Prevention recommended that this is the perfect time to get flu vaccination as everyone six months and older are advised to get flu vaccine yearly.

I. Membership

Ms. Daniels announced Ms. Winston second visit to the Committee on Aging meeting. Ms. Paasch mentioned that Ms. Winston was not present at the September meeting; therefore, Ms. Winston needed to satisfy the three consecutive attendance according to the Bylaws.

Ms. Paasch welcomed Mr. Marlia's second visit to the meeting and that his next visit in next regular meeting in November would be the third consecutive visit that would qualify him for membership in the committee.

Ms. Paasch announced that Ms. Soldavini and Ms. Queen will not be returning the Committee on Aging. She welcomed Ms. Joanna Kim-Selby for visiting.

J. Bylaws

Reports moved to the next regular meeting in November 16, 2011.

5. Old Business

A. Post Office Left Hand Mail Collection Box

Ms. Kwong reported updates on the discussion to have a US Post Office left hand mail collection box on a one-way street in El Cerrito to accommodate seniors. Jerry Bradshaw, City Engineering & Public Works Director, suggested a site at Fairmount and Kearney Street. Motion to authorize Ms. Kwong to represent the Committee on Aging and open a dialogue with Mr. Bradshaw and the US Postmaster to discuss the left-hand mail collection box.

Action: Moved, seconded (Cressey/Major) and carried unanimously.

B. List of El Cerrito Business Senior Orientated

Ms. Paasch distributed the *City of El Cerrito Services & Resources* for Older Adults.

C. Letter of Support on SB 810

Presentation of prepared letter for City Council moved to the next regular meeting in November 16, 2011.

6. Staff Liaison Report

Ms. Paasch reported updates on the following:

- Cutbacks on cost and implementation of using more green products at the daily lunch program at the Open House Senior Center.
- *Senior Housing Community Meeting & Workshop* on Monday, November 14, 2011, 11AM-12PM at the Open House Senior Center to discuss the conceptual plans for 64 unit affordable senior housing at 10890 San Pablo Avenue adjacent to the El Cerrito City Hall.
- *New Year's Eve Luncheon Tea Dance* on Sat., Dec. 31, 11AM-3:30PM, at the El Cerrito Community Center, 7007 Moeser Lane.
- BART Clipper Card presentation, registration and distribution at the Open House Senior Center on Wednesday, November 23, 11AM-1PM to discuss how it works and what senior riders need to do to apply for the program.

7. Items for Next Agenda

- Letter of Support on SB 810
- Open House Senior Center Survey
- Nominating Committee
- Eden Housing Feedback

8. Adjournment. Meeting adjourned at 4:40 P.M.

Submitted By:

Liza Espadilla

Administrative Clerk Specialist

Senior Services Division

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